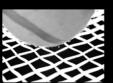
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## Activity Guide

Baltimore City Department of Recreation and Parks' activity guide provides a comprehensive list of fun and educational activities that are offered at our recreation centers, special facilities and parks. There are an array of workshops and programs aimed at enlightening and entertaining Baltimore's citizens of all ages. This section includes Arts & Crafts, Athletics, Gardening, Great Outdoors, Leisure Games & Tournaments, Life Enrichment, Performing Arts, Adults, Seniors, Therapeutic and more. Fees for activities over \$10 must be paid by money order.

## Arts and Crafts

## Arts and Crafts 3 C's (Crafts, Cooking, Ceramics)

- Description: Participants will make a variety of cooking, craft and ceramic projects. Projects are coordinated with holidays when possible.
- Skill Level: Beginners
- Age: 5-12 years
- Materials needed: none
- Cost: \$30 per session
- Start date: Oct. 3, 2005
- End date: Feb. 27, 2006
- Number of weeks: 15 weeks (approx.)
- Meeting time: Mondays 4-5:15 p.m.
- Location: North Harford Playfield
  - Instructor: Carol Edenfield

#### Arts and Crafts

- Description: Children will learn basic arts and crafts techniques.
- Skill Level: Beginners
- Age: 5-10 years
- Materials needed: Arts and crafts materials
- Cost: Free for after-school children
- Start date: Oct. 17, 2005
- End date: May 12, 2006
- Number of weeks:
- Meeting time: 3:30-4:30 p.m.Location: Furley Recreation
- Center
- Instructor: Darlene Ross

#### Arts and Crafts

- Description: After-school participants will learn how to create a variety of holiday and everyday projects.
- Skill Level: Beginners
- Age: 5-12 years
- Materials needed: TBA
- Cost: Free for after-school participants.
- Start date: Oct. 5, 2005
- End date: May 25, 2006
- Number of weeks:
- Meeting time: Wednesdays 8-12 p.m. and 4-5 p.m. and Thursdays 5-7 p.m.
- Location: Ella Bailey Recreation
   Center
- Instructors: William Sullivan and Kathryn Jones

#### Arts and Crafts

- Description: Participants will learn how to make basic holiday crafts.
- Skill Level: Beginners
- Age: 13 and under
- Materials needed: Arts and crafts materials
- Cost: \$1 per week
- Start date: Oct. 11. 2005
- End date: Nov. 17, 2005
- Number of weeks: 6 weeks
- Meeting time: Tuesdays and Thursdays 3:30-5 p.m.
- Location: Carter G. Woodson
- Instructor: Linda Davis

#### Arts and Crafts

- Description: Children will work on arts and crafts projects.
- Skill Level: Beginners
- Age: 5-11 years
- Materials needed: Arts and crafts materials
- Start date: Oct. 3, 2005End date: May 31, 2006
- Number of weeks:
- Meeting time: Mondays and Wednesdays 4-5 p.m.
- Location: Locust Point Recreation Center
- Instructor: TBA

#### Arts and Crafts

- Description: Young people will make seasonal projects.
   (Christmas, Halloween, Valentine's Day, etc.) They will also learn how to make puppets, cards, paint ceramics and more!
- Skill Level: Beginners
- Age: 5-12 years
- Materials needed: Arts and crafts materials
- Cost: Free
- Start date: Oct. 3, 2005End date: March 2006
- Number of weeks: 23 weeks
- Meeting time: 4 p.m.
- Location: Lakeland Recreation
   Center
- Instructor: Elizabeth Stepp

#### Arts and Crafts

- Description: This workshop is designed to teach volunteers how to make jewelry and holiday cards. (Christmas, Valentine's Day and other holidays).
- Skill Level: Beginners-advanced
- · Age: 14 years and older
- Materials needed: construction paper, glitter, markers, glue, beads and elastic wire.
- Cost: \$1
- Start date: Oct. 3, 2005
- End date: Oct. 5, 2005
- Number of weeks: 3 days

- Meeting time: Mondays and Wednesdays 4:30-6:30 p.m.
- Location: Patapsco Recreation Center
- Instructor: Ada Cathcart

#### Arts and Crafts (for Children)

- Description: Participants will learn how to make holiday projects, jewelry and candles.
- Skill Level: Beginners-advanced
- Age: 5-13 years
- Materials needed: construction paper, glitter, fabric paint, scissors and glue.
- Cost: TBA
- Start date: Oct. 3, 2005
- End date: June 2006
- Number of weeks: 36 weeks
- Meeting time: Mondays and Wednesdays 7-8:30 p.m.
- Location: Patapsco Recreation Center
- Instructor: Ada Cathcart

#### Arts and Crafts (for Teens)

- Description: Participants will learn how to make string art, pictures, candles and jewelry.
   They will also design T-shirts with fabric paint and make candles.
- Skill Level: Beginners-advanced
- Age: 14 and older
- Materials needed: construction paper, glitter, fabric paint, scissors, glue, beads, and elastic.
- Cost: TBA
- Start date: Oct. 3, 2005
- End date: June 2006
- Number of weeks: 36 weeks
- Meeting time: Mondays and Wednesdays 7-8:30 p.m.
- Location: Patapsco Recreation
   Center
- Instructor: Ada Cathcart

#### Arts and Crafts

- Description: Bring your ideas and we'll get crafty!
- Skill Level: Beginners-advanced

Age: 13 and over

 Materials needed: Must bring some of your own materials.

• Cost: \$2 per week

Start date: Oct. 30, 2005
End date: June 21, 2006
Number of weeks: 38 weeks
Meeting time: Wednesdays

6-8 p.m.

Location: Carroll F. Cook
 Recreation Center

Instructor: Nancy Dimmick



#### Arts and Crafts

 Description: Participants will learn how to make simple crafts.

Skill Level: Beginners

Age: 5-12 years

Materials needed: TBA

Cost: TBA

Start date: Oct. 21, 2005End date: June 9, 2006

Number of weeks: 32 weeksMeeting time: Fridays 4:30-6 p.m.

Location: Ralph J. Young
 Recreation Center

Instructor: Lawrence Allmond

#### Arts and Crafts

 Description: Participants will learn how to make different types of crafts for various holidays.

Skill Level: Beginners-intermediate

Age: 6-12 years

 Materials needed: paper, glue, scissors, tape, paint, pencils, markers, etc.

· Cost: Free

Start date: September 2005

End date: June 2006Number of weeks:

• Meeting time: Thursdays 4-5:30 p.m.

• Location: Roosevelt Recreation Center

• Instructor: Michelle Cox

#### Beads and Gimp

 Description: Learn how to create the box, a Chinese staircase, butterfly, zipper, circle and cobra.

Skill Level: Beginners-advanced

• Age: 10 and older

Materials needed: Gimp and beads.

Cost: \$1 per classStart date: Oct. 6, 2005

End date: February 2006Number of weeks:

Meeting time: Thursdays

Meeting time: Thursdays 7-8:30 p.m.

Location: Barclay Recreation
 Center

Instructor: Barbara Williams

#### Build Model Cars, Boats and Airplanes

Description: Learn how to assemble model cars, boats,

airplanes etc.

Skill Level: Beginners

 Age: 13 and over Materials needed: Glue and a

screwdriver.

Cost: \$1 per class

Start date: Oct. 5, 2005End date: Dec. 15, 2005

• Number of weeks: 10 weeks

 Meeting time: 7:30-8:30 p.m., specific days TBA

• Location: Barclay Recreation Center

Instructor: Leroy Hamwright

#### Christmas Crafts

- Description: Participants will make Christmas ornaments
- Skill Level: Beginners-adults
- Age: 14 years adults
- Materials needed: glue, pipe cleaners and ribbon.
- Cost: \$3
- Start date: Nov. 17, 2005
- End date: Dec. 15, 2005
- Number of weeks: 4 weeks
- Meeting time: Thursdays 6:30-7:30 p.m.
- Location: James D. Gross
   Recreation Contar
- Recreation CenterInstructor: Ms. Rhonda

#### Recycle Arts and Crafts

- Description: Simple arts and crafts made from recycled materials.
- Skill Level: Beginners
- Age: 8-15 years old
- Materials needed: empty soda bottles, cans, paper tubes, glue, glitter and scissors.
- Cost: Free
- Start date: Oct. 12, 2005End date: March 11, 2006
- Number of weeks: 20 weeks
- Meeting time: Wednesdays, with times TBA
- Location: C.C. Jackson Recreation Center
- Instructor: Sharon Bucknor

#### Ceramics

#### Ceramics

- Description: Students will learn how to pour objects, paint using proper brushes and brush strokes. They will also learn how to work with specialty paints and decals.
- Skill Level: Beginners-advanced
- Age: 18 years and over
- Materials needed:
   Cost: \$5 per along
- Cost: \$5 per class
- Start date: Oct. 3, 2005
- End date:

- Number of weeks:
- Meeting time: Mondays and
- Thursdays 6-9 p.m. and Saturdays 10 a.m.-noon
- Location: Walter P. Carter Recreation Center
- Instructor: Virginia Parran

#### Ceramics

- Description: Children will seek their favorite pre-made ceramic item and carefully paint it.
- Skill Level: N/A
- Age: 5 years and older
- Materials needed: N/A
- Cost: 50 cents per week
- Start date: Oct. 17, 2005
- End date: Nov. 30, 2005
- Number of weeks: 6 weeks
- Meeting time: 7 p.m., with specific days TBA
- Location: Curtis Bay Recreation
   Center
- Instructor: Mr. Anthony

#### Ceramics Arts and Crafts

- Description: Children and teens will make ceramics as well as paint and create impromptu costume designs. Ceramic and other projects will be made for Christmas presents or for personal use.
- Skill Level: Beginners
- Age: 6-18 years
- Materials needed: none
- Cost: \$20
- Start date: Oct. 10, 2005
- End date: Nov. 18, 2006
- Number of weeks: 6 weeks
- Meeting time: Mondays 6-7p.m. and Wednesdays 6 -7 p.m.
- Location: Coldstream
   Recreation Center
- Instructors: Karen Miller and Denise Brown

#### Children's Ceramics

 Description: Children will learn the basics of cleaning, staining and glazing ceramic pieces. Skill Level: BasicAge: 8-14 years

Materials needed: N/A

• Cost: \$16

Start date: Oct. 11, 2005End date: Dec. 6, 2005Number of weeks: 8 weeks

Meeting time: 4:30-5:30 p.m.,

specific days TBA

• Location: Gardenville Recreation

Center

Instructor: Phyllis Gossman

## Crocheting

### Basic Crocheting Workshop

 Description: Youth will learn the basic strategies of crocheting using easy patterns.

• Skill Level: Beginners

Age: 13 years and under

 Materials needed: crocheting needles.

• Cost: \$1

Start date: May 4, 2006End date: May 25, 2006Number of weeks: 4 weeks

Meeting time: Thursdays 4-6 p.m.

Location: Carter G. Woodson
 Recreation Center

Instructor: Antoinette Soares.

#### Crochet Class

Description: Participants will learn how to crochet.

 Skill Level: Beginnersintermediate

Age: 5 years - adults

 Materials needed: Needles (hooks)

• Cost: \$20

• Start date: October 2005

End date: May 2006

Number of weeks: 36 weeks

 Meeting time: Tuesdays and Thursdays 6:30-8:30 p.m.

Location: Liberty Recreation
 Center

Instructor: TBA

### Jewelry

#### Basic Jewelry Workshop

 Description: Participants will learn how to make simple beaded jewelry including earrings and pins.

Skill Level: Beginners

Age: 13 and under

Materials needed: TBA

• Cost: \$1 per class

• Start date: Feb. 28, 2006

• End date: March 28, 2006

• Number of weeks: 5 weeks

Meeting time: Tuesdays 4-6 p.m.

• Location: Carter G. Woodson Recreation Center

 Instructors: Linda Davis and Cathy Jones

#### Beaded Jewelry

 Description: Participants will learn how to make beautiful jewelry to wear.

 Skill Level: Beginnersintermediate

Age: 14-adults

 Materials needed: Beads, wire, elastic, glue, glue gun, pin backs and charring hooks.

• Cost: \$5

Start date: Oct. 13, 2005End date: Nov. 3, 2005

Number of weeks: 4 weeks

 Meeting time: Thursdays 6:30-7:30 p.m.

• Location: James D. Gross Recreation Center

Instructor: Ms. Rhonda

#### Jewelry Making Class

 Description: Participants can make their own earrings, bracelets, and necklaces to enhance an outfit. This class is a continuation of last year's very successful program.

Skill Level: Beginners and up

Age: 14 and over

 Materials needed: May bring own choice of beads and wiring.

• Cost: \$10

 Start date: Fridays in November and December



End date: Dec. 20, 2005
Number of weeks: 8 weeks
Meeting time: 7-8:30 p.m.
Location: Mary Rodman Recreation Center

Instructor: Pam Young

## Photography Class

Description: Participants will learn photography techniques.

 Skill Level: Beginners intermediate

 Age: 8 years-teens (limited to 6/ group)

Materials needed:

Cost: \$100 per year

• Start date: October 26, 2005

End date: May 25, 2006

Number of weeks: 25 weeks

 Meeting time: Wednesdays 4:30-7:30 p.m.

 Location: Mora Crossman Recreation Center

• Instructor: Eric Thornhill

## Pottery Pottery

 Description: Participants will learn basic pottery making skills.

Skill Level: Beginners

Age: 5-12 yearsMaterials needed: none

· Cost: Free

Start date: Oct. 3, 2005

• End date: June 15, 2005

Number of weeks:

• Meeting time: Thursdays 3:30-6

p.m.

• Location: John E. Howard Recreation Center

Instructor: Sam Wallace

## Sewing

#### **Basic Sewing**

 Description: Basic sewing class where participants will learn repairing, laying and cutting patterns. They will also learn the parts of a sewing machine.

Skill Level: Basic

Age: 8-12 years

 Materials needed: Fabric, pins, tape measure, pattern and scissors.

Cost:

Start date: Oct. 20, 2005End date: Nov. 17, 2005

Number of weeks: 5 weeksMeeting time: 4-5:45 p.m.

Location: Ralph J. YoungRecreation Center

Instructor: Lawrence Allmond

### Children's Sewing Class

 Description: Participants will learn basic hand-sewing techniques. They will also learn how to make and stuff pillows, drawstring bags and other small projects.

• Skill Level: Beginners-advance

Age: 5-13 years

 Materials needed: fabric,scissors, thread, needles, pins and elastic.

Cost: TBA

Start date: Oct. 6, 2005End date: June 2006

Number of weeks: 36 weeks

 Meeting time: Tuesdays and Thursdays 4-6 p.m.

Location: Patapsco Recreation
 Center

Instructor: Ada Cathcart

#### **Quilt Making**

- Description: An introduction to quilt making for teens and adults.
   Participants will learn basic stitching techniques, quilt patterns and material selection.
- Skill Level: Teens and adults
- Age: 14 and over
- Materials needed:
- Cost: \$25
- Start date: Oct. 19, 2005
  End date: Dec. 7, 2005
  Number of weeks: 8 weeks
  Meeting time: Wednesdays 6-7
- Location: Ella Bailey Recreation
  Center
- Instructor: TBA

#### Needlework

- Description: Knitting, crocheting potholders, tiny blankets, hats etc.
- Skill Level: Beginners
- Age: 6-18 years
- Materials needed: Sewing and knitting materials.
- Cost: \$20
- Start date: April 11, 2006
  End date: May 16, 2006
  Number of weeks: 6 weeks
  Meeting time: Tuesdays
- Location: Coldstream
   Recreation Center
- Instructor: TBA

#### Seasonal Craft Sewing

- Description: Children and adults interested in learning how to do basic sewing for their own enjoyment and pleasure.
   Participants will make items such as pillows and curtains.
- Skill Level: Beginners
- Age: ALL
- Materials needed: Scissors, threads and patterns if needed.
- Cost: \$15 per personStart date: Oct. 5, 2005
- End date: May 2006
- Number of weeks: 6 weeks

- Meeting time: 7:30 p.m.
- Location: Herring Run Recreation Center
- Instructor: Gwen Snowden

#### Sewing

- Description: Participants will learn the basic techniques of sewing.
- Skill Level: Beginners-advanced
- Age: 13 and up
- Materials needed: none
- Cost: \$20 per month
- Start date: Oct. 6, 2005
- End date: June 15, 2006
- Number of weeks:
- Meeting time: Thursdays 7-9 p.m.
- Location: Walter P. Carter
   Recreation Center
- Instructor: Joann Everett

#### Sewing Class

- Description: Volunteers will learn how to sew on a sewing machine to assist staff with sewing class.
- Skill Level: Beginners-advanced
- Age: 14 and older
- Materials needed: Fabric, scissors, thread, needles and pins.
- Cost: TBA
- Start date: Oct. 3, 2005End date: Oct. 5, 2005
- Number of weeks: 3 days
- Meeting time: 7:30-9:00 p.m.Location: Patapsco Recreation
- Instructor: Ada Cathcart

## Sewing Class

- Description: Participants of all ages will learn how to sew.
- Skill Level: Beginners
- Age: 5 years and older
- Materials needed: needles and materials for special projects.
- Cost: \$10 per month
- Start date: October 2005
- End date: May 2006
- Number of weeks: 36 weeks
- Meeting time:

Location: Liberty Recreation
 Center

Instructor: TBA

#### Sewing Class

 Description: Participants will learn the fundamentals of sewing to create their own style of fashion.

Skill Level: Beginners

Age: 7-12 years

• Materials needed: none

Cost: Free

Start date: Oct. 3, 2005

• End date: June 15, 2006

Number of weeks: 30 weeks

Meeting time: Mondays andWednesdays 3:30-6 p.m.

 Location: John E. Howard Recreation Center

Instructor: Carolyn Newton

#### Sewing Class

Description: Basic sewing class.
 Skill Level: Youth and Adults

Age: 5 years and older

• Materials needed: none

Cost: \$10

• Start date: September 2005

End date: June 2006

Number of weeks: 38 weeks

 Meeting time: Mondays, Wednesdays and Fridays

• Location: Collington Square Recreation Center

 Instructor: Cornell Artis and Doris Harris

#### Sewing For Juniors

 Description: Sewing class that introduces the basic techniques of pattern tracing and cutting, assembling pieces, sewing simple garments and the use of sewing machine and serge.

• Skill Level: Beginners

Age: 9-14 years

 Materials needed: Shears, pins, cushion and tape measure.

• Cost: Free

Start date: October 2005

• End date: May 2006

Number of weeks: 34 weeks

Meeting time: Mondays 4 p.m.

 Location: James McHenry Recreation Center

Instructor: Laverne Foster

#### Sewing Workshop

 Description: Participants will learn various sewing techniques such as laying out a pattern, marking it and cutting it. Each participant will make a skirt or vest.

Skill Level: Beginners

Age: 11-16 years

 Materials needed: Sewing shears, tape measure and straight pins.

Cost: \$5

Start date: Dec. 5, 2005

• End date: Jan. 25, 2006

Number of weeks: 6 weeks

 Meeting time: Mondays and Wednesdays 5-7 p.m.

 Location: Carter G. Woodson Recreation Center

Instructor: TBA

#### Teen and Adult Sewing Class

 Description: Participants will learn how to sew on a machine. They will also learn how to make laced pillows and draw string handbags.

Skill Level: Beginners-advance

Age: 14-Adult

 Materials needed: fabric, scissors, thread, needles, pins and elastic.

Cost: TBA

Start date: October 6, 2005

End date: June 2006

Number of weeks: 36 weeks

 Meeting time: Tuesdays and Thursdays 7-8:30 p.m.

Location: Patapsco Recreation
 Center

• Instructor: Ada Cathcart

### Athletics

## Aerobics Aerobics

- Description: Complete aerobics program with warm-ups, workout and cool down exercises.
   Participants will use mats, weights and steps.
- Skill Level: Beginners- advanced
- Age: Adults and teensMaterials needed: mat
- Materials needed. mat
- Cost: \$2 per class
- Start date:
- End date:
- Number of weeks: 52 weeks
- Meeting time: Mondays and Thursdays 5:30-6:30 p.m.;
   Wednesdays 5-6 p.m.
- Location: James McHenry Recreation Center, Multi-Purpose Room
- Instructor: Tyrone Smith

#### **Aerobics**

- Description:
- Skill Level: Beginners-advanced
- Age: 5 years- adults
- Materials needed: comfortable clothing
- Cost: \$25 per six week session
- Start date: October 2005
- End date: May 2006
- Number of weeks: 36 weeks
- Meeting time: Mondays and Wednesdays 7-9 p.m
- Location: Liberty Recreation Center
- Instructor: Jerene DeShields

#### **Aerobics**

- Description: Teens and adults will exercise to the beat of music. Classes will be held indoors and outdoors. They will also learn about nutrition.
- Skill Level: N/A
- Age: 15 years- adults
- Materials needed: workout clothes.



- Cost: \$30 per 7 weeks
- Start date: Oct. 3, 2005
- End date: June 23, 2006
- Number of weeks: 34 weeks
- Meeting time: Mondays and Wednesdays 6:30-7:30 p.m.
- Location: Leith Walk Recreation Center
- Instructor: Arlene Foreman

#### **Aerobics**

- Description: Participants will learn how to eat healthy as well as basic exercises.
- Skill Level: Low impact
- Age: 13-adults
- Materials needed: a towel and mat.
- Cost: \$5 membership fee
- Start date: Oct. 3, 2005
- End date: June 15, 2006
- Number of weeks: 30 weeks
- Meeting time: Mondays and Wednesdays 7 –8 p.m.
- Location: John E. Howard Recreation Center
- Instructor: Carolyn Newton

#### **Aerobics**

- Description: Dot's body shop offers a full aerobic workout including low impact aerobics, floor exercises and a step class.
- Skill Level: Basic
- Age: Teens and adults
- Materials needed: a mat and weights.
- Cost: \$2 per class
- Start date: Oct. 5, 2005
- End date:
- Number of weeks:
- Meeting time: Wednesdays
  - 7 –8 p.m.
- Location: Patterson Park Recreation Center
- Instructor: Dorothy Mann

#### Aerobics Class

- Description: This class provides a low-impact aerobic workout.
- Skill Level: Beginners
- Age: Adults
- Materials needed: mat
- Cost: \$25
- Start date: Oct. 3, 2005
- End date: Nov. 21, 2005
- Number of weeks: 10 weeks
- Meeting time: Mondays and Thursdays 7 –8 p.m.
- Location: Woodhome Recreation Center
- Instructor: Carol Paulshock

#### Aerobics Class - for Adults

- Description: Do your "Curves" merit a new but bigger size wardrobe? Well, don't give in to the bigger size. Come and join our exercise program featuring Tae Bo, strength training and aerobics. It's sure to "fit" your exercise needs.
- Skill Level: Beginners
- Age: 18 and over
- · Materials needed: exercise mat
- Cost: \$2 per classStart date: Oct. 3, 2005End date: May 31, 2006

- Meeting time: 7:15-8:15 p.m.
- Location: Mary Rodman Recreation Center, multipurpose room
- Instructor: Roslyn Young

## Aerobics, Pilates, Tae Bo and Weight Training

- Description: Exercise class
- Skill Level: Beginnersintermediate
- Age: 12 and up
- Materials needed: towel, water, exercise clothes and shoes.
- Cost: \$1 for each class
- Start date: Oct. 5, 2005
- End date: May 25, 2006
- Number of weeks:
- Meeting time: 7:15-8:45 p.m.
- Location: James D. Gross
- Recreation Center
- Instructor: M.A. Green

#### **Exercise Class**

- Description: Participants will get a total fitness workout including working those abs.
- Skill Level: Beginners-advanced
- Age: 18 and up
- Materials needed: a towel
- Cost: \$10 registration fee, \$2 per class
- Start date: Oct. 3, 2005
- End date: June 14, 2006
- Number of weeks:
- Meeting time: Mondays and Wednesdays 6 –8 p.m.
- Location: Walter P. Carter Recreation Center
- Instructors: Joann Everett and Theresa White

#### Low Impact Afrobics

- Description: Afrobics is low maintenance aerobics for adults.
- Skill Level: Easy
   Assault and a second a second and a second
- Age: 21 and over
- Materials needed: tennis shoes.
- Cost: \$5 registration fee/ \$1 per class
  - Start date: Oct. 11, 2005

#### Step Aerobics

- · Description: Step aerobics class
- Skill Level: Beginners-intermediate
- Age: 12-Adult
- Materials needed: a towel, water, exercise clothes and shoes.
- Cost: \$5 each monthStart date: Oct. 3, 2005End date: May 22, 2006
- Number of weeks: 4 classes

each month

- Meeting time: 8:15-9:15 p.m.
- Location: James D. Gross Recreation Center

Instructor: M.A. Green

#### Walking and Step Class

- Description: Women are invited to walk and step in a fun and inspiring atmosphere.
- Skill Level: AllAge: Adults
- Materials needed: N/A
  Cost: \$5 membership fee
- Start date: Oct. 5, 2005End date: April 2006
- Number of weeks:
- Meeting time: Wednesdays 7-8 p.m.
- Location: Locust Point Recreation Center

Instructor: TBA

#### Walking Club

- Description: Meet at the recreation center, enjoy a brisk walk around the center and neighborhood as the week progresses so does the duration of the walks.
   Get in shape for Santa!
- Skill Level:
- Age: All ages
- Materials needed: good walking shoes.
- Cost: \$1 per class
- Start date: Sept. 27, 2005
- End date: Dec.19, 2005
- Number of Weeks: 12 weeks
- Meeting time: 6:45 p.m.
- Location: Curtis Bay Recreation
   Center

• Instructor: Mr. Anthony

#### Water Exercise

- Description: Water Aerobics
- Skill Level: All levels
- · Age: 18 and older
- Materials needed: swimsuit.
- Cost: \$10 per month
- Start date: September 2005
- End date: August 2006
- Number of weeks:
- Meeting time: Mondays and Thursdays 6 –7 p.m.
- Location: Chick Webb Recreation
   Center
- Instructor: Mrs. Dugger

#### **Basketball**

#### 5, 6, 7 In-House Basketball

- Description: Participants will receive 10 weeks of the clinic including basketball fundamentals; learning how to play; 10 weeks of in-house games; and championship games. Participants will receive trophies and have a banquet at the end of the session.
- Skill Level: Beginners
- Age: 5-7 years
- Materials needed: N/A
- Cost: \$65 for 20 weeks
- Start date: Oct. 3, 2005
- End date: April 30, 2006
- Number of weeks: 20 weeks
- Meeting time: Mondays
   6:30-8 p.m.
- Location: Northwood Recreation Center, gym
- Instructor: Daryl McCrea and volunteer coaches

## 8-13 Year Old's In-House Basketball League

 Description: Participants will learn advanced skills, fundamentals and scrimmages for 10-weeks. In-house play is for 10-weeks. Participants will receive trophies and have a banquet at the end of the session.

- Skill Level: Advanced
- Age: 8-13 years
- Materials needed: N/A
- Cost: \$65
- Start date: Oct. 5, 2005End date: April 2006
- Number of weeks: 20 weeks
- Meeting time: Thursdays 6:30-
  - 8:30 p.m.
- Location: Northwood Recreation Center, gym
- Instructor: Mr. McCrea and volunteer coaches

#### 18 and Over Basketball

- Description: Adult basketball
- Skill Level: Any level
- Age: 18 and over
- Materials needed: none
- Cost: \$1
- Start date: Oct. 10, 2005End date: June 19, 2006
- Number of weeks:
- Meeting time: Mondays and
  - Tuesdays
- Location: Walter P. Carter Recreation Center
- Instructor: M. Dorsey

#### After-School Sports

- Description: Fundamentals in the game of basketball.
- Skill Level: Beginners
- Age: 5-13
- Start Date: October 2005
- End Date: January 2006
- Meeting Time: Tuesdays and Thursdays 4:30-6:30 p.m.
- Location: Parkview Recreation
   Center
- Instructor: Michael Everett

#### Adult Basketball League

- Description: This league is for adults only.
- Skill Level: High
- Age: 40 and over
- Materials needed:
- Cost: \$10 per person
- Start date: Nov. 5, 2005
- End date: March 22, 2006

- Number of weeks: 17 weeks
- Meeting time: Mondays and Wednesdays 6 –9 p.m.
- Location: John E. Howard Recreation Center
- Instructor: Charles Harrison

#### Adult Basketball League

- Description: This league is for adults only.
- Skill Level: High
- · Age: 40 and over
- Materials needed:
- Cost: \$10 per personStart date: Nov. 5, 2005
- End date: March 22, 2006
- Number of weeks: 17 weeks
- Meeting time: Mondays and Wednesdays 6 –9 p.m.
- Location: John E. Howard
   Recreation Center
- Instructor: Charles Harrison

#### Basketball

- · Description: Basketball program
- Skill Level: Beginners to advance level
- Age: 6-14 years
- Materials needed: Shorts, T-shirt and basketball shoes.
- Cost: \$85-\$90 per player
- Start date: Oct. 3, 2005
- End date: June 23, 2006
- Number of weeks: 38 weeks
- Meeting time: Mondays and Fridays 4-9:30 p.m.
- Location: Bentalou Recreation
   Center
- Instructor: Herman Johnson

#### Basketball

- Description: Youth will learn the
- fundamental skills of dribbling, passing, shooting, ball handling, team membership and respect.
- Skill Level: Beginners
- Age: 13 and under
- Materials needed: Shorts, T-shirts and tennis shoes.
- Cost: \$10
- Start date: Oct. 11, 2005

End date: Nov. 17, 2005Number of weeks: 6 weeksMeeting time: Tuesdays and

Thursdays 4 –6 p.m.

 Location: Carter G. Woodson Recreation Center

Instructor: Linda Davis

#### Basketball Clinic

 Description: Participants will learn the basics of competitive play.

Skill Level: Beginners

• Age: 9 and under/ 10-12 years

 Materials needed: tennis shoes, shorts and T-shirt.

Cost: TBA

Start date: Oct. 17, 2005End date: April 17, 2006Number of weeks: 29 weeks

 Meeting time: 5 –7 p.m.
 Location: Tench Tilghman Recreation Center, gym

Instructor: Edward Banks

#### Basketball Clinic

 Description: Participants will earn basic basketball skills including ball handing, shooting, passing, offensive and defensive skills.

Skill Level: BasicAge: 8-12 years

Materials needed: shorts/pants,
 T-shirt, and tennis shoes.

• Cost: Free

Start date: Oct. 18, 2005End date: Nov. 22, 2005

Number of weeks:

Meeting time: 4 –5 p.m.
Location: Ralph J. Young

Recreation Center

Instructor: Byron Smith



## Basketball Clinic: Myra McDonald Basketball League

 Description: Memorial League played annually in memory of a dedicated, loyal, devoted parent and "mother of the team."

Skill Level: Beginners-advanced

Age: 5-14 yearsMaterials needed:

Cost: TBA

Start date: February 2006

• End date: April 2006

• Number of weeks: 12 weeks

 Meeting time: Mondays, Wednesdays and Thursdays

• Location: James McHenry
Recreation Center

• Instructor: Issac Evans

#### Basketball

Description: Basketball program

Skill Level: Beginners to advance level

Age: 6-14 years

 Materials needed: Shorts, T-shirt and basketball shoes.

• Cost: \$85-\$90 per player

Start date: Oct. 3, 2005

End date: June 23, 2006Number of weeks: 38 weeks

 Meeting time: Mondays and Fridays 4-9:30 p.m.

Location: Bentalou Recreation
 Center

Instructor: Herman Johnson

#### Basketball League

 Description: Youth will participate in a four-team league after learning how to play the game of basketball. Fundamentals are taught and stressed throughout the season.

 Skill Level: Beginnersintermediate

Age: 10-13 years

Materials needed:

Cost: Cost of Jerseys \$10

Start date: Nov. 28, 2005End date: March 2006

• Number of weeks: 15 weeks

Meeting time: 4:30 p.m.

Location: Lakeland Recreation
 Center

Instructor: Staff

### Basketball League

 Description: An in-house co-ed league where participants will learn basic basketball skills such as dribbling, passing and shooting.

Skill Level: Beginners

Age: 8-10 yearsMaterials needed:

Materials neede

Cost: \$10

Start date: March 2006End date: May 2006

• Number of weeks: 10 weeks

Meeting time: 5 p.m.Location: James D. Gross

Recreation Center

Instructor: Noel Ghee

Boys 10 and Under

## Basketball League Description: Boys will

 Description: Boys will learn the basic skills of basketball.

Skill Level: Beginners

Age: 6-10 years

 Materials needed: T-shirt, tennis shoes and shorts

• Cost: \$35

Start date: Oct. 3, 2005End date: May 16, 2006

Number of weeks: 34 weeks

Meeting time: Mondays
 6 -7:30 p.m.

 Location: Leith Walk Recreation Center

Instructor: Sean Dualal

## Boys 12 and Under Basketball League

 Description: Boys will learn the advanced skills of basketball as a team sport.

Skill Level: some basketball skills

Age: 10-12 years

 Materials needed: T-shirt, tennis shoes and shorts. Cost: \$35

Start date: Oct. 4, 2005End date: May 17, 2006

Number of weeks: 34 weeksMeeting time: Tuesdays

6 -7:30 p.m.

• Location: Leith Walk Recreation Center

Instructor: Sean Dualal

#### Boys 17 and Under Basketball League

 Description: Boys will play competitive team games against other centers and travel to games.

 Skill Level: Prior basketball training

Age: 13-17 years

 Materials needed: T-shirt, tennis shoes and shorts.

Cost: \$35

Start date: Oct. 5, 2006End date: May 18, 2006Number of weeks: 34 weeks

Meeting time: Wednesdays 6 –8 p.m.

Location: Leith Walk Recreation
 Center

• Instructor: Sean Dualal

#### Boys Basketball

 Description: Boys will learn the fundamental skills of basketball.
 The clinic leads to a tournament or league. Participants will receive a T-shirt and take part in an awards banquet.

• Skill Level: Beginners-advanced Age: 7-13 years old.

Materials needed: a basketball

Cost: \$75

Start date:Oct. 5, 2005 for 11-13

year olds; Oct. 6, 2005 for 7-10

year olds

• End date: May 18, 2006

Number of weeks:

 Meeting time: Mondays and Fridays 6 -8 p.m.

 Location: Fred B. Leidig Recreation Center Instructor: James Bagwell

#### Boys Basketball League

- Description: Boys from the four area schools will participate in the after-school program.
- Skill Level: Beginners intermediate
- Age: 13 and under/ 16 and under
- Materials needed: none
- Cost: Free
- Start date: February 2006
- End date: April 2006
- Number of weeks: 12 weeks
- Meeting time: 4 p.m. for the 13 and under / 6 p.m. for 16 and under
- Location: Patapsco Recreation
   Center
- Instructor: N. Brown

#### Girls 12 and Under Basketball League

- Description: Girls will learn basic basketball skills and play in games.
- Skill Level: Beginners
- Age: 7-12 years
- Materials needed: T-shirt, tennis shoes and shorts.
- Cost: \$35
- Start date: Oct. 6, 2006End date: May 19, 2006
- Number of weeks: 34 weeks
- Meeting time: Thursdays 6 –8
- Location: Leith Walk Recreation
   Center
- Instructor: Arlene Foreman

#### Girls Basketball

- Description: Fundamental skills of basketball are taught. The clinic leads to a tournament or league. Participants will receive a T-shirt and take part in an awards banquet.
- Skill Level: Beginners
- Age: 7-13 years
- Materials needed: a basketball
- Cost: \$75
- Start date: Oct. 3, 2005

- End date: May 19, 2006
- Number of weeks:
- Meeting time: Mondays and Fridays 6 -8 p.m.
- Location: Fred B. Leidig Recreation Center
- Instructor: Wardell Selby

#### Girls Basketball

- Description: Girls will learn basic basketball skills in dribbling, shooting, defense and offense.
- Skill Level: BasicAge: 5-9 yearsMaterials needed:
- Cost: Free
- Cost: Free
- Start date: Oct. 3, 2005End date: April 24, 2006
- Number of weeks:
- Meeting time: 6:30-8:30 p.m.
- Location: Herring Run Recreation Center
- Instructor: Coach Tim

#### Girls Basketball Clinic

- Description: Girls will learn the basic skills of basketball.
   Skill Level: Beginners
   Age: 12 and under
   Materials needed:
   Cost:
- Start date: October 2005 End date: May 2006
- Number of weeks: 28 weeksMeeting time: Tuesdays and
- Thursdays 5 –7 p.m.
- Location: Tench Tilghman
- Recreation Center
- Instructor: Edward Banks

### House League for Basketball

- Description: House League
  Basketball for males and
  females. Participants can use this
  program as a tool to keep their
  skills sharp and work on their
  individual games. League rules
  require every player to play two
  quarters and man-to-man
  defense is also emphasized.
- Skill Level: Intermediate level



- Description: House League
   Basketball for males and
   females. Participants can use this
   program as a tool to keep their
   skills sharp and work on their
   individual games. League rules
   require every player to play two
   quarters and man-to-man
   defense is also emphasized.
- Skill Level: Intermediate level
- Age: 12-15 years old
- Materials needed: shorts and tennis shoes.
- Cost: \$25

Start date: Oct. 1, 2005End date: Nov. 19, 2005

Number of weeks: 7 weeks

Meeting time: Saturdays,
 2 –6 p.m.

Location: Mt. Royal Recreation
 Center

Instructor: Darrell Corbett

#### In-House Basketball League

Description: Basketball

Skill Level: open

• Age: 13 and under, 15 and under

Materials needed: none
Cost: \$10 per player
Start date: Oct. 5, 2005
End date: April 2006

Number of weeks: 10 weeks

 Meeting time: Mondays, Wednesdays and Fridays

• Location: Collington Square Recreation Center

Instructor: TBA

#### In-House Basketball League

- Description: Children will learn basketball skills in a 3-4 week clinic and then they will engage in league play. Each child receives a T-shirt and trophy.
- Skill Level: AllAge: 5-14 years
- Materials needed: shorts and tennis shoes.
- Cost: \$30 per childStart date: Oct. 1, 2005End date: March 2006
- Number of weeks:
- Meeting time: Contact center for times.
- Location: Gardenville Recreation
   Center
- Instructors: Kevin Artis and Coach Frank

#### In-house Basketball League

- Description: In-house basketball teams that lead up to participants venturing out to the leagues sponsored by the Department or other agencies.
- Skill Level: None
- Age: 10-12 years/13-15 years/16-18 years
- Materials Needed: none
- Cost: \$10 per player and \$10 ref fees
- Start Date: Oct. 10, 2005End date: Dec. 23, 2005
- Number of Weeks: 8 weeks
- Meeting Time: Mondays, Wednesdays and Fridays—Game
- Location: Greenmount Recreation Center, gym
- Instructor: Chris Brooks

#### Jr. Basketball Clinic

- Description: Participants will learn the fundamental skills of basketball.
- Skill Level: BeginnersAge: 12 and under
- Materials needed:

Cost: \$15

Start date: Oct. 3, 2005End date: Dec. 9, 2005

Number of weeks: 10 weeks

Meeting time: TBA

 Location: C.C Jackson Recreation Center

Instructor: Kevin Coleman

#### Men's Community Basketball League

- Description: This is a basketball league for men ages 18 and older in the community. It is structured basketball league play.
- Skill Level: Adults
- Age: 18 and up
- Materials needed:
- Cost: \$2 per Month
- Start date: June 2006
- End date:
- Number of weeks: 30 weeks
- Meeting time: Wednesdays, specific times TBA
- Location: Northwood Recreation Center, gym
- Instructors: Mr. Bonds and Mr. Reeds

#### Baseball/Softball Frisbee Softball

- Description: Participants will learn softball rules. No softballs or bats will be used! Participants will also learn throwing and catching skills.
- Skill Level: Beginners
- Age: 13 and under
- · Materials needed: none
- Cost: Contact the center.
- Start date: Feb. 8, 2006
- End date: March 29, 2006
- Number of weeks: 7 weeks

- Meeting time: Wednesdays 4 -5:30 p.m.
- Location: Carter G. Woodson Recreation Center
- Instructor: Linda Davis

#### Little League Baseball

- Description: Young people will learn how to play baseball. They will also play in the Lakeland Baseball League.
- Skill Level: Beginners, juniors and seniors.
- Age: 4-7 years/ 8-10 years/ 11-12 years/ 13-14 years
- Materials needed: baseball equipment and uniforms.
- Cost: \$25
- Start date: March 2006
- End date: June 2006
- Number of weeks: 14 weeks
- Meeting time: 5 p.m., specific days TBA
- Location: Lakeland Recreation
   Center
- Instructor: Staff

#### Softball

- Description: Softball league involving children from the fourarea elementary and middle schools.
- Skill Level: Beginners advanced
- Age: Elementary School (10 and under), Middle school (15 and under)
- Materials needed: gloves, bats and balls.
- Cost: none
- Start date: March 2005
- End date: June 2006
- Number of weeks:
- Meeting time: 4:30 p.m., specific days TBA
- Location: Cherry Hill Recreation
   Center, athletics field
- Instructor: N. Brown

#### T-Ball

 Description: There will be a T-ball league involving children from the

recreation center in the afterschool program.

Skill Level: Advanced

Age: 12 and under

Materials needed: none

Cost: Free

Start date: March 2006 End date: June 2006

Number of weeks: 12 weeks Meeting time: 3 p.m., specific

days TBA

Location: Patapsco Recreation

Center

Instructor: N. Brown

#### Cheerleading Cheerleaders

Description: Young people will learn different types of cheers and exercises. They will cheer at the Lakeland Vikings football games.

Skill Level: Beginners

Age: 9-13 years

 Materials needed: pom-poms and uniforms.

Cost: \$30

Start date: June 13, 2005 End date: December 2005

Number of weeks: 26 weeks

Meeting time: 6 p.m.

 Location: Lakeland Recreation Center

Instructors: Elizabeth Stepp and Coaching Staff

#### Cheerleading

Description: Cheerleading workshop, exhibit cheers, stands, flips, videos, uniforms and other pertinent instrumental components of cheerleading will be taught.

 Skill Level: Basic Age: 5-16 year olds

Materials needed: uniform.

Cost: \$25

Start date: Jan. 23, 2006 End date: April 30, 2006 Number of weeks: 6 weeks Meeting time: 6:30-8 p.m.

 Location: Northwood Recreation Center, multi-purpose room

Instructor: Lisa Fitts

#### **Cheerleading Pom-Pom Challenge**

Description: Participants will learn steps and the moves needed to compete.

Skill Level: Beginners-advanced

Age: 4-16

Materials needed: uniform and pom-poms.

Cost: \$80 per year

Start date: September 2005

End date: June 2006

Number of weeks: 40 weeks

Meeting time: Mondays and Thursdays 6:30-8 p.m.

 Location: Violetville Recreation Center

 Instructors: Sherry Soudes and Melissa Morris

### Dodgeball

#### Team Dodgeball

Description: Participants will learn dodgeball rules and team strategies.

Skill Level: Beginners

Age: 13 and under

Materials needed: gym pants (sweats) and tennis shoes.

Cost: Free

Start date: Feb. 6, 2006 End date: March 27, 2006

Number of weeks: 7 weeks Meeting time: 4 -5:30 p.m.

Location: Carter G. Woodson Recreation Center

Instructor: Linda Davis

#### Football

## After-School Flag Football League

Description: Participants will play in a just-for-fun football league where they can learn how to play flag football. There will not be any tackling, running or passing the ball, participants will learn football plays.

Skill Level: Beginners

• Age: 6-8

Materials needed: tennis shoes.

Cost: \$5 (cost for T-shirt)
Start date: Oct. 18, 2005
End date: Dec. 6, 2005
Number of weeks: 8
Meeting time: 4 –5 p.m.
Location: South Baltimore Recreation Center

#### Become a Football Official

Instructor: John Davis

 Description: Train to be a football official by the Maryland Board of Football Officials and Pop Warner Rules

Skill Level:

Age: 18 and olderMaterials needed:

Cost: \$10Start date: Aug. 15, 2005

End date: Dec. 15, 2005
Number of weeks: 16 weeks
Meeting time: Thursdays 6 -7:30

p.m.

 Location: C.C Jackson Recreation Center

Instructor: Glenn Williams

#### Flag Football House League

 Description: Participants will compete in league play; learn football skills, good sportsmanship and teamwork.

• Skill Level: Intermediate level

Age: 12-15 years

Materials needed: tennis shoes

Cost: \$10

Start date: Oct. 3, 2005End date: Nov. 11, 2005Number of weeks: 6 weeks

 Meeting time: Mondays and Fridays 3 -4:30 p.m.

Location: Mt. Royal Recreation
 Center

 Instructors: Darrell Corbett and Donnel Robinson

#### Flag Football

 Description: Flag Football League where participants will compete in league play, learn football skills, good sportsmanship and teamwork

Skill Level: BeginnersAge: 7-11 years old

Materials needed: tennis shoes

Cost: \$10

Start date: Oct. 5, 2005
End date: Nov. 6, 2005
Number of weeks: 6 weeks

Masting times Wedgesdays

Meeting time: Wednesdays 3-4:30 p.m.

 Location: Mt. Royal Recreation Center

 Instructors: Donnel Robinson and Craig Smith



### Flag Football

 Description: This co-ed program provides an introduction to football skills, positions and strategies.

Skill Level: Beginners

Age: 9-13 years

Materials needed:

Cost: Free

Start date: Oct. 14, 2005End date: Nov. 25, 2005Number of weeks: 6 weeks

Meeting time: 3:30-5 p.m.

Location: Ella Bailey Recreation
 Center

Instructor: William Sullivan

#### Flag Football League

 Description: Children will be taught the basic skills of flag football.

Skill Level: Beginners

Age: 7-11 yearsMaterials needed:

Cost: \$20

Start date: May 2006End date: June 2006

Number of weeks: 8 weeksMeeting time: 6:30 p.m.

Location: James D. Gross

Recreation Center, playground area

Instructor: Noel Ghee

#### Football Clinic

 Description: Children will learn basic football skills during this month long clinic.

Skill Level: Beginners

Age: 7-12 years

Materials needed:

Cost: TBA

• Start date: September 2005

• End date: October 2005

Number of weeks: 8 weeksMeeting time: Mondays 4:30-6

p.m.

 Location: Tench Tilghman Recreation Center

Instructor: TBA

#### Tackle Football League

 Description: Participants will practice tackle football on the field.

• Skill Level: Beginners-advanced

• Age: 8-10/ 11-12/ 12-14

 Materials needed: helmets, shoulder pads, kneepads, cleats

and a mouthpiece.

Cost: Free

Start date: July 5, 2005End date: December 2005

Number of weeks:

Meeting time: 4 -6:30 p.m.

 Location: Cherry Hill Recreation Center, Athletic Field

Instructor: Michael Leach/TBA

### **Gymnastics**

#### **Gymnastics Class**

 Description: Gymnasts will learn basic tumbling, floor exercises and beginning balance beam activities.

 Skill Level: Beginnersintermediate

Age: 3-14 years

Materials needed: noneCost: \$75 per session

Start date: Oct. 8, 2005End date: April 2006

Number of weeks: 32 weeks

(approx.)Meeting time: Saturdays 2:30-

3:30 p.m. and 3:30-4:30 p.m.

• Location: North Harford Playfield

Instructor: Carla Jones

#### **Tumbling and Gymnastics**

 Description: An excellent class for cheerleaders and cheerleading hopefuls.

 Skill Level: Beginnersintermediate

Age: 4 years- teens

• Materials needed: TBA

Cost: \$125 per year

Start date: Oct. 10, 2005End date: May 24, 2006

Number of weeks: 30 weeks

 Meeting time: Tuesdays and Thursdays 4 –6 p.m.

• Location: Mora Crossman Recreation Center

 Instructors: Carrie Baker and Angela Damario

#### Karate Karate

 Description: Children and adults will learn self-defense techniques.

- Skill Level: Beginners-advanced
- Age: 8 years-adults
- Materials needed: T-shirt and sweatpants
- Cost: \$40 per month for one person, \$60 per month for two people (same household), \$70 per month for a family (same household)
- Start date: October 2005
- End date: ongoing
- Number of weeks:
- Meeting time: Wednesdays 7 -9:30 p.m. and Saturdays 11 -1 p.m.
- Location: Roosevelt Park Recreation Center
- Instructor: Steve Chalk

#### Karate

- Description: Self-defense techniques are taught.
- Skill Level: Beginners-advanced
- Age: 5 years-adults
- Materials needed: Karate uniform
- Cost: Free

Center

- Start date: Oct. 3, 2005
- End date: Dec.19, 2005
- Number of weeks: 12 weeksMeeting time: Mondays and
- Thursdays, specific times TBALocation: Cahill Recreation
- Instructor: Derald Queen

#### Karate

- Description: Technician Karate Club
- Skill Level: White and black belts
- Age: 6 years to adults
- Materials needed: Karate Ghee
- · Cost: \$10 per month
- Start date: Oct. 4, 2005
- End date: Sept. 28, 2006
- Number of weeks: 52 weeks
- Meeting time: Tuesdays and Thursdays 6-8 p.m.
- Location: Bentalou Recreation Center
- Instructor: Andre Freeman

#### Karate

- Description: Participants will learn self-discipline in an organized environment.
- Skill Level: Beginners-advanced
- Age: 5 years- adults
- Materials needed: tennis shoes.
- Cost: \$20 per month
- Start date: October 2005
- End date:
- Number of weeks: ongoing
- Meeting time: Tuesdays and Thursdays 6-9 p.m.
- Location: Liberty Recreation
   Center
- Instructor: TBA

#### Karate (Tae Kwon Do)

- Description: Basic karate skills are taught to children, men, women and seniors. There will be women's self-defense instruction, kickboxing, discipline, self-awareness and fitness.
- Skill Level: all
- Age: all
- Materials needed: Karate uniform
- Cost: TBA
- Start date:
- End date:
- Number of weeks:
- Meeting time: Thursdays 5 -7:30 p.m.
- Location: James McHenry Recreation Center, multipurpose room
- Master Instructor: Maurice Bruton

#### Karate Class

- Description: Children and adults will learn self-defense techniques, self-discipline and self-control.
- · Skill Level: none
- Age: 5 years -adults
- · Materials needed: none
- Cost: \$35 per month
- Start date: Oct. 4, 2005
- End date: June 22, 2006
- Number of weeks: 34 weeks
- Meeting time: Tuesdays and

Thursdays 6-8 p.m.

Location: Leith Walk Recreation
 Center

Instructor: Rodney Lewis



#### Karate Class

 Description: Participants will learn the art of Korean Hapkido. This is an excellent martial art for someone interested in building self-discipline, self-confidence and self-control.

Skill Level: Beginners-advanced

Age: 7 and over

Materials needed: Karate uniform

Cost: \$50 per month
Start date: Oct. 3, 2005
End date: June 21, 2006
Number of weeks: 38 weeks
Meeting time: Mondays and Wednesdays 5 -7 p.m.

 Location: Carroll F. Cook Recreation

Instructor: Master Park Sang Jun

#### Karate Class

 Description: Come and join the Professional Warrior Karate
 Program. Develop self-respect, spirituality, discipline, focus and coordination through the ancient art of karate.

• Skill Level: Beginners- advanced

Age: 5 years- adults

Materials needed: Karate uniform

Cost: \$30 per monthStart date: Oct. 4, 2005End date: May 25, 2006

Number of weeks: ongoing program

 Meeting time: Tuesdays and Thursdays 6 -7:30 p.m.

 Location: Mary Rodman Recreation Center

 Instructor: Sensei Jerome "Spokes" Hughes

#### Karate Class

 Description: Participants will learn to build self-confidence, self-esteem and think positively with respect for others.

Skill Level: Beginners-advanced

Age: 4 and older

Materials needed: Karate uniform

Cost: \$20 registration fee, \$30 per month

Start date: Dec. 5, 2005

End date: ongoing

Number of weeks:

 Meeting time: Mondays and Thursdays 6 –9 p.m.

• Location: Walter P. Carter Recreation Center

 Instructors: Jerry Jackson and Carl Matthews

#### Karate Class

 Description: Participants will learn basic formation skills and how to acquire ranking for skill development.

Skill Level: Basic

Age: 5-9 years

Materials needed: Karate uniform

Cost: \$20 registrationStart date: Oct. 6, 2005End date: May 2006

Number of weeks:

 Meeting time: Thursdays 6:30-8:30 p.m.

 Location: Herring Run Recreation Center

Instructor: Mr. Gamble

#### Karate Classes

 Description: Patrons will learn self-defense and self-esteem through martial arts.

Skill Level: Beginners - advanced

- Age: 5 years and over
- Materials needed: Karate uniform
- Cost: See instructor
- Start date: Oct. 3, 2005
- End date: June 29, 2006
- Number of weeks:
- Meeting time: 7 -8:30 p.m.
- Location: Furley Recreation
   Center
- Instructor: James Lashley

#### Karate-Do

- Description: Students will learn the basic skills and techniques while trying to achieve various belt levels.
- Skill Level: Beginners-advanced
- Age: 5-13 years old
- Materials needed: Karate uniforms
- Cost: \$70 per month
- Start date: September 2005
- End date: Year roundNumber of weeks: 50
- Meeting time: 4 –5 p.m.
- Location: Violetville Recreation
   Center
- Instructor: Charles Harraday

#### Martial Arts

- Description: Participants will learn self-discipline as they practice the art of karate.
- Skill Level: Beginners
- Age: 5 years -adults
- Materials needed: Instructor will let class know.
- Cost: \$15 per month
- Start date: Oct. 5, 2005
- End date: May 31, 2006
- Number of weeks:
- Meeting time: Wednesdays 7 -8:30 p.m.
- Location: Woodhome Recreation Center
- Instructor: Olandas Gamble

#### Prowler Karate Academy

 Description: Learn the art of martial arts with Cardio fitness workouts, low impact,

- conditioning and self-esteem building.
- Skill Level: Beginners-advanced
- Age: 5 years -adults
- Materials needed: Karate Gee (Do not purchase in advance.)
- Cost: \$25 per month
- Start date: October 2005
- End date: June 2006
- Number of weeks: 35 weeks
- Meeting time: Mondays and Thursdays 6 –8 p.m.
- Location: South Baltimore
   Recreation Center
- Instructors: Jose and Gail Fernandez

# Kickball Kickball League for After-School Youth

- Description: Youth will kick a large rubber playground ball using the rules of baseball. It's a just-for-fun league for after-school program participants.
- Skill Level: Beginnersintermediate
- Age: 9-11
- Materials needed: tennis shoes.
- Cost: \$5 (cost for T-shirt.)
- Start date: Oct. 20, 2005
- End date: Dec. 8, 2005
- Number of weeks: 6
- Meeting time: 4 –5 p.m.
- Location: South Baltimore Recreation Center
- Instructor: John Davis

## Rollerskating Roller Skating Lessons

- Description: Both children and teens will learn to skate and perform various feats on precision skates. This activity ends with a dazzling and exciting skating show.
- Skill Level: All children (will be placed by an instructor.)
- Age: 4-21 years

- Materials needed: Roller skates (no in-line skates.)
- Cost: \$100 or \$50 per session
- Start date: October 2005 End date: May 2006
- Number of weeks:
- Meeting time: Call center for class times.
- Location: Gardenville Recreation Center
- Instructor: Lori Jacques

#### Social Roller Skating

- Description: Families will enjoy the fun of skating to familiar tunes and spending quality time in a pleasant atmosphere.
- Skill Level: All
- Age: 4 years- adults
- Materials needed: Skate rental included in cost. No In-line skates!
- Cost: \$2 per person • Start date: Oct. 7, 2005
- End date: February 2006
- Number of weeks:
- Meeting time: 7 –9 p.m.
- Location: Gardenville Recreation Center
- Instructor: Staff

#### Soccer Soccer Clinic

- Description: Participants will learn basic soccer skills such as dribbling, passing and scoring.
- Skill Level: Beginners
- Age: 5-8 years (co-ed)
- Materials needed: none
- Cost: Free
- Start date: Oct. 6, 2005 End date: Oct. 20, 2006
- Number of weeks: 3 weeks Meeting time: 6:30-7:30 p.m.
- Location: Woodhome Recreation Center
- Instructor: Mr. Jackson

#### Soccer League

Description: Soccer skills are taught to the elementary age

- group participants. This league is community based.
- Skill Level: Beginners
- Age: 5-7 and 8-12 years
- Materials needed:
- Cost: \$20
- Start date: Oct. 11, 2005
- End date: Dec. 13, 2005
- Number of weeks: 10 weeks
- Meeting time: Tuesdays 3:30-4:30p.m. (For the 5-7 year olds.) 4:30-5:30 p.m. (for the 8-12 year
- olds.)
- Location: Ella Bailey Recreation Center
- Instructor: William Sullivan

#### Soccer League- Co-ed

- Description: There will be four teams of 10 players each in co-ed 5-8 leagues.
- Skill Level:
- Age: 5-8 years
- Materials needed:
- Cost: \$35
- Start date: Oct. 27, 2005
- End date: Dec. 15, 2006
- Number of weeks: 10 weeks Meeting time: Game times-
  - Thursdays 6 –7 p.m.
- Location: Woodhome Recreation Center
- Instructor: Mr. Jackson

#### Tennis

#### Maryland Junior League

- Description: Tennis instruction
- Skill Level: Beginners-advanced
- Age: ages 8 to 17
- Materials needed: tennis racket and workout attire.
- Cost: TBA
- Start date: TBA
- End date: TBA
- Number of weeks:
- Meeting time: 6 to 8 p.m.
- Location: Greenspring Racquet Club
  - Instructor: David Owens

#### T-N-T Tutoring & Tennis

- Description: Tennis instruction
- Skill Level: Beginners
- Age: 8 to 17
- Materials needed: tennis racket and workout attire.
- Cost: \$15 per person, per week \$120 for session (group lessons)
- Start date: Sept. 20, 2005
- End date: Oct. 29, 2005
- Number of weeks:
- Meeting time: Tuesdays, Thursdays from 4:30 to 6:30 p.m. and Saturdays from 9 to 11 a.m.
- Location: Druid Hill Tennis Courts in Druid Hill Park
- Instructor: David Owens



#### Winter Indoor Tennis Program

- Description: Tennis instruction
- Skill Level: Beginners
- Age: ages 8 to 17
- Materials needed: tennis racket and workout attire.
- Cost: \$80 per person
- Start date: Oct. 21, 2005
- End date: Feb. 26, 2006
- Number of weeks:
- Meeting time: 6 to 8 p.m.
- Location: Greenspring Racquet Club
- Instructor: David Owens

### Track and Field Track and Field

Description: Track and Field program that introduces young individuals to the basic skill

- Participants will develop running techniques. They will also compete in citywide track and field events.
- Skill Level: Beginnersintermediate
- Age: 5-14 years
- Materials needed: sweats or shorts, T-shirt and tennis shoes.
- Cost: \$25
- Start date: Oct. 4, 2005
- End date: Nov. 17, 2005
- Number of weeks: 7 weeks
- Meeting time: Tuesdays and Thursdays 3 -4:30 p.m.
- Location: Mt. Royal Recreation Center
- Instructor: John Paige

#### Track and Field Basic Clinic

- Description: The fundamental skills of track and field will be offered.
- Skill Level: Beginners
- Age: 7-12 years
- Materials needed:
- Cost: Contact the center.
- Start date: January 2006
- End date: February 2006
- Number of weeks: 8 weeks
- Meeting time: Tuesdays and Thursdays from 4:30-6 p.m.
- Location: Tench Tilghman **Recreation Center**
- Instructor: Edward Banks

#### Track and Field Clinic

- Description: The fundamental skills of track and field will be offered. These skills include stretch exercises, sprint, middistance and distance running, training and drill techniques. This training will lead to competitions and track meets.
- Skill Level: Beginners
- Age: 5-18 years old
- Materials needed:
- Cost: Contact the center.
- Start date: Oct. 3, 2005
- End date: Aug. 11, 2006

- Number of weeks:
- Meeting time: Mondays,
   Wednesdays and Fridays from 5
   7 p.m.
- Location: Fred B. Leidig Recreation Center
- Instructor: Mary K. Haynes

## Weight Training Weight Lifting

- Description: Weight lifting for teens and adults.
- Skill Level: All levels
- Age: 18 and older
- Materials needed: weights.
- Cost: \$10 per month
- Start date: September 2005
- End date: August 2006
- Number of weeks:
- Meeting time: noon-9: 30 p.m.
- Location: Chick Webb Recreation Center
- Instructor: Mr. Fields

#### Weight Lifting

- Description: Participants will learn how to lift weights safely.
- Skill Level:
- Age: 13-16 years/ 17 and older
- Materials needed: weights.
- Cost: \$1 per class
- Start date: October 2005
- End date: April 2006
- Number of weeks:
- Meeting time: 6:30-8:30 p.m. (17 and older Thursdays; 13-16 Mondays.)
- Location: Barclay Recreation Center
- Instructor: Leroy Hamwright

#### Weight Training

- Description: Use of cardio equipment, free weights, total gym, etc.
- Skill Level: Beginners- advanced
- Age: Teens and adults
- Materials needed:
- Cost: \$35 per year
- Start date: October 2005

- End date:
- Number of weeks: 52 weeks
- Meeting time: Mondays and Fridays 3:30-6:30 p.m. and 7 -9:30 p.m.
- Location: James McHenry Recreation Center, weight room
- Instructors: Ether Hill and Wayne Smith

#### Weight Training Class

- Description: The instructor will teach people how to properly lift weights and challenge their endurance.
- Skill Level:
- Age: 15 and older
- Materials needed:
- Cost: \$10 registration fee or one time visit \$8
- Start date: Oct. 3, 2005
- End date: March 31, 2006
- Number of weeks: 25 weeks
- Meeting time: Mondays and Fridays 6-8:30 p.m.
- Location: C.C. Jackson Recreation Center
- Instructors: Derek Jackson and Anthony Sackey

#### Weight Training/Weight Lifting

- Description: Weight lifting and training
- Skill Level: None
- Age: 13 and older
- Materials Needed:
- Cost: \$5 membership/ \$1 per class
- Start Date: Oct. 4, 2005
- End date: May 25, 2006
- Number of Weeks:
- Meeting Time: Tuesdays and Thursdays 6:30-8:30 p.m.
- Location: Greenmount Recreation Center, weight room
- Instructor: Mike Hitchens

### Yoga

#### Yoga Class

Description: An adult yoga class.

Skill Level: N/AAge: Adults

Materials needed:

Cost: TBA

Start date: Oct. 6, 2005End date: April 27, 2006

Number of weeks:

 Meeting time: Thursdays
 Location: Locust Point Recreation Center

Instructor: Patty Bringfesft

## Gardening

#### Greens and Poinsettia Sale

- Description: A variety of poinsettias of all sizes and colors will be available for sale. Fresh roping, wreaths, boxwood trees and swags will also be available. To guarantee availability, please use the pre-order form for the "greens" sale in October. Poinsettias are NOT available by pre-order.
- Skill Level: N/A
- Age: All
- Materials needed: none.
- Cost: Items will be individually priced.

Start date: Dec. 9, 2005
End date: Dec. 11, 2005
Number of weeks: 3 days
Meeting time: 10 a.m.- 2 p.m.

 Location: Cylburn Arboretum Greenhouse

Instructor: N/A

#### Floral Design

- Description: Designing floral arrangements.
- Skill Level: Beginners
- Age: 21 and over
- Materials needed: pliers
- Cost: \$15
- Start date: Nov. 8, 2005- Dec. 6, 2005/ Jan. 10, 2006-Feb. 7, 2006
- End date:
- Number of weeks: 5 weeks (each session)

Meeting time: 6:30-7:45 p.m.Location: **Tench Tilghman** 

 Recreation Center, Kuumba Room

Instructor: TBA

#### Holiday Workshop – Boxwood Topiary

- Description: Choose to create a "tree" or a traditional ball-shaped topiary with fresh boxwood.
   Participants may choose to create a second topiary for \$20. Class size is limited and pre-registration is strongly recommended.
- Skill Level: All
- Age: 16 years-adults
- Materials needed: Gardening gloves
- Cost: \$25

Start date: Dec.10, 2005End date: Dec. 10, 2005Number of weeks: 1 session

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Meeting time: 9 a.m.

 Location: Cylburn Arboretum Greenhouse

Instructor: Melissa Grim

#### Holiday Workshop – Drop in Swag Making

- Description: Create a fresh evergreen swag for a door, window or mailbox. Drop in anytime between 10 a.m. and 2 p.m. No registration required. (This workshop is not recommended for anyone with limited mobility.)
- Skill Level: Intermediate (requires the use of prunes and/or loppers.)
- Age: 16 years-adults
- Materials needed: Sturdy gardening gloves and hand prunes if available.
- Cost: \$20 per swag
- Start date: Dec. 9, 2005
- End date: Dec. 10, 2005
- Number of weeks: 2 days
- Meeting time: 10 a.m.-2 p.m.

#### Location: Cylburn Arboretum Greenhouse

Instructor: TBA

#### Holiday Workshop – Evergreen Centerpiece

- Description: Create a fresh evergreen centerpiece for your holiday table. Use our container or bring your own (up to 12" in diameter). Class size is limited and pre-registration is strongly recommended.
- Skill Level: All
- · Age: 16 years -adults
- Materials needed: Gardening gloves.
- Cost: \$25

Start date: Dec. 9, 2005End date: Dec. 9, 2005

• Number of weeks: 1 session

Meeting time: noon

Location: Cylburn Arboretum
 Greenhouse

 Instructor: Melissa Grim or Glenda Weber

#### Holiday Workshop -Evergreen Centerpiece

- Description: Create a fresh evergreen centerpiece for your holiday table. Use our container or bring your own (up to 12" in diameter). Class size is limited and pre-registration is strongly recommended.
- Skill Level: All

Age: 16 years -adults

- Materials needed: Gardening gloves
- Cost: \$25

Start date: Dec. 10, 2005End date: Dec. 10, 2005Number of weeks: 1 session

Meeting time: 10:30 a.m.

 Location: Cylburn Arboretum Greenhouse

 Instructor: Melissa Grim or Glenda Weber

#### Holiday Workshop – Project To Be Announced.

- Description: The closing workshop in this series is being finalized. Please call for updated information. Class size will be limited and pre-registration is strongly recommended.
- Skill Level: All
- Age: 16 years -adults
- Materials needed: Gardening gloves
- Cost: \$25

Start date: Dec. 10, 2005End date: Dec.10, 2005

- Number of weeks: 1 session
- Meeting time: 1 p.m.
- Location: Cylburn Arboretum
   Greenhouse
- Instructor: TBA

#### Valentine's Vase

- Description: Create a one-of-a-kind vase arrangement for your sweetie for Valentine's Day. Guys, this is the chance to win her heart, with beautiful flowers that YOU arranged. The instructor will walk you through each step to create an arrangement with six roses and several lilies as well as other flowers in a glass vase. Class size is limited; reservations are required. No walk-in registrations for this class.
- Skill Level: All
- Age: 16 years -adults
- · Materials needed: none
- Cost: \$35

Start date: Feb. 12, 2006

• End date: Feb. 12, 2006

- Number of weeks: 1 session
- Meeting time: Sunday 12:15 p.m.
- Location: Cylburn Arboretum
   Greenhouse
- Instructor: Melissa Grim

#### Valentine's Vase

 Description: Create a one-of-akind vase arrangement for yourself or your sweetie for Valentine's Day. The instructor will walk you through each step to create an arrangement with six roses and several lilies as well as other flowers in a glass vase. Class size is limited; reservations are required. No walk-in registrations for this class.

Skill Level: All

Age: 16 years- adults

· Materials needed: none

Cost: \$35

Start date: Feb. 13, 2006End date: Feb. 13, 2006

Number of weeks: 1 session

Meeting time: Monday 12:15 p.m.

 Location: Cylburn Arboretum Greenhouse

Instructor: Melissa Grim

### Great Outdoors

#### Cylburn in Holiday Dress

- Description: Visit the historic mansion when it's all decked-out for the holidays.
- Skill Level: N/A

Age: All

· Materials needed: none.

Cost: Free

• Start date: Dec. 17, 2005

• End date: Dec. 18, 2005

Number of weeks: 2 Days

 Meeting time: Saturday – 10 a.m.noon, Sunday – 2-4 p.m.

 Location: Cylburn Arboretum Mansion

Instructor: N/A

### Cylburn Mansion Open House

 Description: Take a step back in time and visit the first floor of the historic mansion. View the turn of the century (20<sup>th</sup>) French plasterwork and custom designed European tapestries. Chat with volunteers about the history of the building.

Skill Level: N/A

Age: all

Materials needed: none.

Cost: Free

Start date: Nov. 12, 2005End date: Feb. 11, 2006

Number of weeks: 4

• Meeting time: 10 a.m.- noon

• Location: Cylburn Arboretum

Instructor: N/A

#### Cylburn Mansion Open House

 Description: Take a step back in time and visit the first floor of the historic mansion. View the turn of the century (20<sup>th</sup>) French plasterwork and custom designed European tapestries. Chat with volunteers about the history of the building.

Skill Level: N/A

Age: All

Materials needed: none.

Cost: Free

Start date: Nov. 13, 2005

End date: Feb. 12, 2006

Number of weeks: 4

Meeting time: 2- 4 p.m.Location: Cylburn Arboretum

Instructor: N/A

## Cylburn Mansion – Home of the Fairest Wife and Fastest Horse

 Description: Join history enthusiast Pat Draisey for an informal session about the history of the mansion, the furnishings and the people who lived here.

Skill Level: N/A

Age: All

Materials needed: none.

· Cost: Free

Start date: Nov. 13, 2005

End date: Nov. 13, 2005

Number of weeks: 1

Meeting time: 2 -4 p.m.

• Location: Cylburn Arboretum

Instructor: Pat Draisey

#### Draw In

- Description: Bring your pencils, paper, watercolors, oils or pastels and join other aspiring artists at the annual 'Draw In.' A number of specimens from the Cylburn nature collections, live plants, and of course, the mansion will be available to provide inspiration and models for your drawings.
- Skill Level: All
- Age: All
- Materials needed: Bring your own art supplies.
- Cost: Free

Start date: Feb. 4, 2006End date: Feb. 4, 2006

Number of weeks: 1 session
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Meeting time: Saturday
 Location: Cylburn Arboretum

Instructor: N/A

#### Fall Migration Walks

- Description: Join members of the Baltimore City Bird Club for easy birding without a designated leader.
- Skill Level: All
- Age: All (minors should be accompanied by an adult.)
- Materials needed: binoculars and sturdy shoes
- Cost: Free

Start date: Oct. 2, 2005End date: Oct. 23, 2005

Number of weeks: 4

Meeting time: Sundays 8:30 a.m.

• Location: Cylburn Arboretum

Instructor: NA

#### FestiFall

 Description: Enjoy hayrides, pumpkin painting and scarecrow building at this traditional family harvest festival. Try your hand at shelling corn and pressing apples into apple cider while listening to the down-home sounds of folk musicians. Visit with farm animals or browse the

- flea market tables. With food, dancing and special exhibits, there is something for everyone.
- Skill Level: N/A
- Age: the entire family
- Materials needed: N/A
- Cost: Free to the public, \$4 parking fee.
- Start date: Oct. 8, 2005
- End date: Oct. 8, 2005
- Number of weeks: 1 day
- Meeting time: 10 a.m.- 3 p.m.
- Location: Cylburn Arboretum
- Instructor: N/A

#### Guided Garden Walk

- Description: Join Cylburn's Naturalist for a guided walk though the grounds, gardens and woodlands to views signs of the season. No groups please.
- Skill Level: N/A
- Age: All
- Materials needed: sturdy shoes and appropriate outdoor clothing
- · Cost: Free

Start date: Nov. 12, 2005

End date: Feb.11, 2006Number of weeks: 4

Meeting time: noon

• Location: Cylburn Arboretum

Instructor: N/A

#### Holiday Tea

- Description: Enjoy a generous and delectable buffet of finger foods and desserts in a holiday atmosphere. A wide variety of food, seasonal music and the historic mansion decorated for the holidays are sure to get you in the holiday spirit. Take an afternoon to relax and enjoy the season with family or friends. Seating is limited, reservations are required.
  - Skill Level: N/A
- Age: All
- Materials needed: N/A
  - Cost: \$25

Start date: Dec. 11, 2005
End date: Dec. 11, 2005
Number of weeks: 1 seating
Meeting time: 2:30 p.m.
Location: Cylburn Arboretum

Mansion

# Instructor: N/AStory Hour

Description: Children ages 3-6
are invited to hear stories about
the natural world around them.
Learn about insects, trees,
flowers, birds and other wildlife in
an informal setting for pre-school
age children. Weather permitting,
a short nature walk will follow
story hour.

Skill Level: N/AAge: 3-6 years

Materials needed: none.

Cost: \$1 per child
Start date: Oct. 6, 2005
End date: Dec. 15, 2005
Number of weeks: 10 (No session on Thanksgiving's Day.)

Meeting time: Thursdays 10 a.m.
 Location: Cylburn Arboretum

Instructor: various

### Story Hour

Description: Children ages 3-6
are invited to hear stories about
the natural world around them.
Learn about insects, trees,
flowers, birds and other wildlife in
an informal setting for pre-school
age children. Weather permitting,
a short nature walk will follow
story hour.

Skill Level: N/AAge: 3 - 6 years

Materials needed: none.

• Cost: \$1 per child

• Start date: Jan. 5, 2005

End date: N/A

Number of weeks: ongoingMeeting time: Thursdays 10 a.m.

• Location: Cylburn Arboretum

Instructor: various

# Leisure Games and Tournaments



#### Chess Class

 Description: Participants will learn the basic game and rules of chess.

Skill Level: Beginners

Age: 8-12 years

Materials needed: N/A

Cost: \$10

Start date: October 2005
End date: December 2005
Number of weeks: 8 weeks

Meeting time: 4 p.m., specific

• days TBA

Location: James D. Gross Recreation Center, multi-

purpose room
 Instructor: Noel Ghee

#### Chess Club

• Description: Participants will learn basic chess skills.

• Skill Level: Beginners

• Age: 12-15

Materials needed: Chess game

Cost: Contact the center.

• Start date: Oct. 17, 2005

• End date: Jan. 13, 2006

Number of weeks: 12Meeting time: 7 p.m., specific

days TBA

Location: Samuel F.B. Morse

 Recreation Center Instructor: Anthony Watkins

#### Educational Family Feud

 Description: Participants will play the famous television game, "Family Feud."

- Skill Level: Beginners
- Age: 10-16 years
- Materials needed:
- Cost: \$20
- Start date: Jan. 9, 2006
- End date: Feb. 13, 2006
- Number of weeks: 6 weeks
- Meeting time: Mondays 6-7 p.m. and Wednesdays 6-7 p.m.
- Location: Coldstream Recreation Center
- Instructor: Denise Brown

#### Games Workshop

- Description: Learn how to play popular card and board games. Chess, Checkers, Uno, Battleship, Connect Four, Scrabble and much more. Come out to play and have fun.
- Skill Level: Beginners
- Age: 14 years and over
- Materials needed:
- Cost:
- Start date: Nov. 9, 2005
- End date: Jan. 4, 2006
- Number of weeks: 8 weeks (take into account Christmas)
- Meeting time: 8-9:30 p.m.Location: South Baltimore
- Recreation Center
- Instructor: Sue McCardell

#### Madden Tournament

- Description: The "Madden Tournament" is an evening of fellowship and friendly competition all in the spirit of family fun.
- Skill Level:
- Age: 14-19 years
- Materials needed:
- Cost: Free of charge
- Start date: Jan. 12, 2006
- End date:
- Number of weeks: one day
- Meeting time: 7:30-9:30 p.m.
- Location: Cecil-Kirk Recreation
  - Center
- Instructor: TBA

#### NEW !!! Playstation 2-King of the Hill Tournament

- Description: Participants can come and play in the PS2 Tournament each week. There will be different games every 3-4 weeks.
- Skill Level: Beginnersintermediate
- Age: 18 and under
- Materials needed:
- Cost: \$1
- Start date: Oct. 3, 2005End date: Dec. 10, 2005
- Number of weeks: 10 weeks
- Meeting time: Mondays 7 p.m.
- Location: Edgewood/Lyndhurst Recreation Center
- Instructor: Joshua Fissel

#### Spades

- Description: Spades tournament, which will be an evening of fellowship and friendly competition all in the spirit of family fun.
- Skill Level:
- Age: 14-19 years
- Materials needed: N/A
- · Cost: Free of charge
- Start date: Dec. 14, 2005
- End date:
- Number of weeks:
- Meeting time: 7:30- 9:30 p.m.
- Location: Cecil-Kirk Recreation Center
- Instructor: TBA

#### The Game of Chess

- Description: Be part of a team, meet new friends and learn the game of chess taught by the professional chess player, Julius Wade.
- Skill Level: N/A
- · Age: 5 years and older
- Materials needed: N/A
- Cost: \$15
- Start date: Oct. 3, 2005
- End date: May 30, 2006

- Number of weeks: 30 weeks
- Meeting time: Mondays and Thursdays 3-5 p.m. and 7-9 p.m.
- Location: Curtis Bay Recreation
   Center
- Instructor: Julius Wade

#### The Uno Challenge

- Description: The "Uno Challenge" is a family fun game for elementary to middle school students who will compete in a game of Uno for prizes.
- Skill Level:
- Age: 12 and under
- Materials needed: Uno cards and prizes.
- Cost: Free of charge
- Start date: Nov. 9, 2005
- End date:
- Number of weeks:
- Meeting time: 5:30-6:30 p.m.
- Location: Cecil-Kirk Recreation
   Center
- Instructor: TBA

#### Thursday Night Card Day!

- Description: Youth and adults will play a variety of card games to have a friendly social event every Thursday.
- Skill Level:
- Age: 13 and over
- Materials needed: playing cards, Uno Cards and Pinochle.
- Cost: \$1
- Start date: Oct. 13, 2005
- End date: March 2006
- Number of weeks:
- Meeting time: Thursdays 7 p.m.
- Location: C.C. Jackson Recreation Center
- Instructor: Gregory Brewer

## Life Enrichment

## Computer Class

 Description: Participants will learn basic computer skills.

- Skill Level: none
- Age: 13 years -adults
- Materials needed: N/A
- Cost: Free
- Start date: Oct. 10, 2005
- End date: May 12, 2006
- Number of weeks: 30 weeks
- Meeting time: Mondays,
   Wednesdays and Fridays 6:30-8
  - p.m.
- Location: Leith Walk Recreation Center
- Instructor: Nailah Strong

#### Computer Class

- Description: Participants will learn basic computer skills.
- Skill Level: Beginners
- Age: 5-12 years
- · Materials needed: none
- Cost: Free
- Start date: Oct. 3, 2005
- End date: June 15, 2006
- Number of weeks: 30 weeks
- Meeting time: Mondays through Thursdays 3:30-6 p.m.
- Location: John E. Howard Recreation Center
- Instructor: Brenda Curry

#### Computer Class

- Description: Participants will learn how to use the computer and surf the Internet.
- Skill Level: Beginners
- Age: 12 and under-13 and over
- Materials needed: none
- Cost: Free
- Start date: Oct. 3, 2005
- End date: June 15, 2006
- Number of weeks: 30 weeks
- Meeting time: Mondays through Thursdays 4-6 p.m. for 12 and under Mondays through Thursdays 7-9:30 p.m. for 13 and over
- Location: Madison Square Recreation Center
- Instructor: Pam Love



Computer Classes

 Description: Computer classes for beginners will be held on Tuesday evenings.

Skill Level: Beginners

Age: Adults

Materials needed: N/A

Cost: N/A

Start date: Oct. 4, 2005
End date: Dec. 20, 2005
Number of weeks: 10 weeks
Meeting time: Tuesdays 6-7 p.m.

 Location: Locust Point Recreation Center

Instructor: Alex Wriblewski

#### Computer Classes

 Description: Children ages 5-10 years old will learn about computers, play games and how to use the Internet. They will also learn English and math skills.

Skill Level: Beginners

Age: 5-10 yearsMaterials needed:

Cost: Free for after school

children.

Start date: Jan. 6, 2006End date: Feb. 24, 2006Number of weeks: 8 weeks

Meeting time: 4-5 p.m.Location: Furley Recreation

Center

Instructor: Lincoln Malinowski

## NEW!!! Computer Skills Class

 Description: This class is an introduction to basic computer skills, terminology, components and application to everyday life.

• Skill Level: Introductory

Age: 18 and underMaterials needed:

Cost:

Start date: Oct. 4, 2005
End date: Dec. 11, 2005
Number of weeks: 10 weeks
Meeting time: Tuesdays 5 p.m.
Location: Edgewood/Lyndhurst

Recreation Center

Instructor: Joshua Fissel

## Cooking

#### After-School Cooking Class

 Description: Participants will learn how to use a measuring cup and kitchen utensils. Come and make fun recipes and learn about nutrition.

Skill Level: Beginners

Age: 6-13 yearsMaterials needed:

Cost:

Start date: Nov. 1, 2005End date: May 29, 2005

 Number of weeks: 28 weeks (school year- November through May)

Meeting time: 4 p.m., specific days TBA

 Location: South Baltimore Recreation Center

Instructor: Sue McCardell

#### After-School Cooking Class

 Description: Have you ever wondered how to use a measuring cup and kitchen utensils? Come and learn cooking basics while making fun recipes and learning about nutrition.

Skill Level: Beginners

Age: 6-13 yearsMaterials needed:

Cost:

Start date: Nov. 1, 2005

• End date: May 29, 2006

 Number of weeks: 28 weeks (school year- November through May)

- Meeting time: 4 p.m., specific days TBA
- Location: South Baltimore Recreation Center
- Instructor: Sue McCardell

#### **Basic Cooking**

- Description: Participants will learn basic cooking skills.
- Skill Level: BasicAge: 8-12 years
- Materials needed: food
- Cost: \$15 for materials
- Start date: Oct. 17, 2005
- End date: Nov. 14, 2005
- Number of weeks: 5 weeks
- Meeting time: 4-5:45 p.m., specific days TBA
- Location: Ralph J. Young Recreation Center
- Instructors: Lawrence Allmond and Mytrice Harris

#### Cooking Class

- Description: Students will learn kitchen safety techniques. They will also use utensils to cook an easy meal.
- Skill Level: Beginners
- Age: 12 and over
- Materials needed: N/A
- Cost: \$5 per month
- Start date: Oct. 5, 2005
- End date: Dec. 15, 2005
- Number of weeks: 10 weeks
- Meeting time: 6:30-8:30 p.m., specific days TBA
- Location: Barclay Recreation Center, kitchen
- Instructor: Barbara Williams

#### Cooking Class

- Description: Basic cooking skills and nutritional information will be provided.
- Skill Level: Beginners
- Ages 8-12 years
- Cost: Included in \$2 membership fee
- Start Date: October 2005

- End Date: June 2006
- Meeting Time: Thursdays 4:30-5:30 pm
- Location of Class: Parkview Recreation Center
- Instructor: Martha Tate

#### Cooking Class

- Description: Participants will learn how to eat and prepare nutritional foods.
- Skill Level: Beginners
- Age: 5-12 years
- Materials needed: none
- Cost: Free
- Start date: Oct. 3, 2005
- End date: June 15, 2006
- Number of weeks: 30 weeks
- Meeting time: Tuesdays and Thursdays 4-6 p.m.
- Location: John E. Howard Recreation Center
- Instructor: Carolyn Newton

## Cooking Class for Children and Teens

- Description: Participants will learn how to cook simple and easy recipes such as cupcakes, pizza, cookies and cakes.
- Skill Level: Beginners
- Age: 5-13 years/14-adults
- Materials needed: baking pans and other cooking utensils
- Cost: TBA
- Start date: Oct. 7, 2005
- End date: June 2006
- Number of weeks: 36
- Meeting time: Fridays 4-6 p.m.
- Location: Patapsco Recreation
   Center
- Instructor: Ada Cathcart

#### Cooking with a Purpose

- Description: This cooking class is filled with entertainment.
   Children will learn how to throw something together for unexpected guests.
- Skill Level: Beginners

Age: 6-18 years

 Materials needed: food, snacks, pots and pans

• Cost: \$20

Start date: March 6, 2006
End date: April 10, 2006
Number of weeks: 6 weeks

Meeting time: Mondays and Wednesdays 6-7 p.m.

- Location: Coldstream Recreation Center
- Instructors: Denise Brown and Cynthia Muhammad

## NEW!!! Cooking/Sewing Class

- Description: This class is the perfect opportunity for adults and teens to participate and learn the basic skills of sewing. They will also learn how to prepare both nutritious and balanced meals.
- Skill Level: BeginnersAge: adults and teens

Materials needed: TBA

Cost: \$2/TBA

Start date: Oct. 3, 2005End date: Dec. 5, 2005

Number of weeks: 10 weeks

Meeting time: TBA

 Location: Edgewood/Lyndhurst Recreation Center

Instructor: Bernadette Armwood

#### Creative Chef's Club

Description: Participants will develop creative meals.

Skill Level: Beginners

Age: 18 and older

Materials needed: food and cooking equipment

Cost: \$10 per month

• Start date: Sept. 1, 2005

End date: May 30, 2006

Number of weeks: 32 weeks

 Meeting time: Mondays—specific times TBA

Location: Oliver Recreation
 Center, kitchen area room #9

Instructor: Barbara Evans

## Pre-Thanksgiving Baking Class

- Description: Participants will learn how to make delicious holiday desserts like a tasty crispy apple pie and other recipes.
- Skill Level: Beginners-advanced

Age: 16 and over

• Materials needed: an apron

• Cost: \$5 per class

Start date: Nov. 3, 2005End date: Nov. 17, 2005

Number of weeks: 3 weeks

Meeting time: Thursdays 7 p.m.

 Location: South Baltimore Recreation Center

• Instructor: Corey Cornish

## Survival Cooking for Young Ladies

 Description: Young ladies will learn the basics of preparing, cooking and cleaning up for quick and easy meals with a holiday theme.

Skill Level: Beginners

Age: 13 and up

Materials needed:

Cost: TBA

Start date: Nov. 3, 2005
End date: Dec. 15, 2005
Number of weeks: 6 weeks

 Meeting time: 6-8 p.m.
 Location: Mary Rodman Recreation Center, kitchen

Instructor: A. Morrison

## Decorating

## Decorating Ideals for Special Occasions

- Description: This basic class will help you coordinate colors, gifts, games and simple crafts for that special occasion that you may be planning.
- Skill Level: Beginners
- Age:
- Materials needed: scissors, construction paper, tissue paper and felt cloth

- Cost: \$20 per personStart date: Oct. 3, 2005End date: May 2006
- Number of weeks: 6-week

sessions

- Meeting time: 7:30-8:30 p.m., specific days TBA
- Location: Herring Run Recreation Center

Instructor: TBA

## Personal Development AVP (Social skills)

- Description: The AVP provides social skills training for youth. Youth will learn how to problem solve and how to take a nonviolent approach to conflict resolution and social change.
- Skill Level: N/A
- Age: 12-15 yearsMaterials needed:
- Cost: N/A
- Start date: Oct. 13, 2005
- End date: Jan. 16, 2006
- Number of weeks: 12Meeting time: 7:30 p.m.
- Location: Samuel F.B. Morse Recreation Center
- Instructors: Beverly Ames and Anthony Watkins

## Big Brother Group

- Description: The Big Brother group mentors young males in the community.
- Skill Level: N/A
- Age: 8-18 yearsMaterials needed: N/A
- Materials needed. N/A
   Cost: \$5 per membership
- Start date: Oct. 11, 2005
- End date: May 25, 2006
- Number of weeks:
- Meeting time: Tuesdays and Thursdays 7-8 p.m.
- Location: Greenmount Recreation Center, multipurpose room
- Instructors: Rev. Andre Humphrey and Mike Hitchens

## Etiquette For Girls Workshop

- Description: Girls are taught basic etiquette, social and personal skills. They will also learn health and hygiene tips.
- Skill Level: N/AAge: 12-17 years
- Materials needed: TBA
- Cost: TBA
- Start date: Oct. 20, 2005
  End date: Nov. 17, 2005
  Number of weeks: 5 weeks
- Meeting time: 4-5:45 p.m.Location: Ralph J. Young
- Instructor: Lawrence Allmond

Recreation Center, sewing room

## Focus on Kids with HIV Risk Workshops

- Description: There will be a discussion on HIV prevention.
- Skill Level: Beginners
- Age: 10-15 years
- Materials needed: N/A
- Cost: Free
- Start date: Oct. 10, 2005
- End date: Nov. 28, 2005
- Number of weeks: 8 weeksMeeting time: Mondays 5-6 p.m.
- Location: C.C. Jackson Recreation Center
- Instructor: Sharon Bucknor

## Girls Club (Ladies Night Out)

- Description: Young ladies will come out for a night of fun.
   Cooking classes, board games, movies, social skills, crafts and more.
- Age: 12-15 years
- · Materials needed:
- Cost: TBA
- Start date: Oct. 17, 2005
- End date: Jan. 9, 2006
- Number of weeks:
- Meeting time: 7 p.m.
- Location: Samuel F.B. Morse Recreation Center
- Instructor: Beverly Armes

### **Grooming Club**

- Description: Participants will learn effective grooming techniques.
- Skill Level: Beginners
- Age: 13 and older
- Materials needed: Hair products facial materials and dental products.
- Cost: \$10
- Start date: Sept. 1, 2005End date: May 30, 2006
- Number of weeks: 32 weeks
- Meeting time: Wednesdays 7-9: p.m.
- Location: Contact Leisure
   Services Division for location.
- Instructor: Barbara Evans



#### IAM Network

- Description: The IAM Network mentors young ladies.
- Skill Level: None
- Age: 13-18 years
- Materials Needed: Willing females who wish to surround themselves around positive females.
- Cost: \$5 membership
- Start Date: Oct. 6, 2005
- End date: May 25, 2006
- Number of Weeks:
- Meeting Time: Mondays and Thursdays 6-7:30 p.m.

- Location: Greenmount Recreation Center, multipurpose room
- Instructors: Terri Fulp and Sherri Jones



## Parenting Workshop

- Description: Interested parents can come and talk about some of the difficulties associated with raising children with an emphasis on drugs, sex and peer pressure.
- Skill Level: Beginners
- Age: Adults
- Materials needed: pens, pencils, dictionary and a notebook.
  - Cost: \$3
- Start date: Oct. 5, 2005
- End date: Nov. 16, 2005
- Number of weeks: 6 weeks
- Meeting time: Wednesdays 6:30-7:30 p.m.
- Location: James D. Gross Recreation Center, arts and crafts room
- Instructor: Vanessa Patterson

# The Recreation, Education and Prevention Program (R.E.A.P.) After-school program

- Description: R.E.A.P. is a drug and violence prevention after-school program that includes homework assistance, snacks, arts and crafts, special events, field trips, gym activities, movie day, cooking class, dance, music, drama and swimming. Low organized, relay, table, foosball, air hockey, table tennis and ping-pong games are also offered.
- Skill Level: All
- Age: 5-12 years oldMaterials needed: none
- Cost: \$70
- Start date: Aug. 29, 2005
- End date: June 9, 2006
- Number of weeks:
- Meeting time: Mondays and Fridays 2:45-5:30 p.m.
- Location: Fred B. Leidig Recreation Center
- Instructor: Facility staff

#### Violence and An Alternative

- Description: "How to help hurting people" is a class designed to inform people how to direct their anger.
- Skill Level: noneAge: 13 and older
- Materials Needed: The book: How to Help Hurting People
- Start Date: Oct. 6, 2005End date: Dec. 21, 2005
- Cost: \$5 membership plus the cost of the book
- Number of Weeks:
- Meeting Time: Wednesdays 7:30-9 p.m.
- Location: Greenmount Recreation Center, multipurpose room
- Instructor: Rev. Andre Humphrey

## Reading and Writing

## Creative Writing

- Description: Participants will learn how to write creative stories, poems, etc.
- Skill Level: Beginners
- Age: 7-12 years
- Materials needed: none
- Cost: Free
- Start date: Oct. 3, 2005
- End date: June 15, 2006
- Number of weeks: 30 weeks
- Meeting time: Tuesdays 3:30-6 p.m.
- Location: John E. Howard Recreation Center
- Instructor: Alex DiSanto

#### Creative Writing - Short Stories

- Description: Participants will create short stories to share.
- Skill Level: Beginners
- Age: 14 years-adults
- Materials needed: pen, pencil, dictionary and a notebook
- Cost: \$3
- Start date: Oct. 5, 2005
- End date: Nov. 16, 2005
- Number of weeks: 6 weeks
- Meeting time: 7-8 p.m., specific days TBA
- Location: James D. Gross Recreation Center, arts and crafts room
- Instructor: Vanessa Patterson

### First Thursdays Book Club

- Description: Do you enjoy reading popular fiction? Get together and participate in engaging discussions at the First Thursday's Book Club.
- Skill Level: N/A
- Age: 18 and older
- Materials needed: Book (Club Choice)
- Cost: TBA
- Start date: November 2005
- End date: June 2006
- Number of weeks:

- Meeting time: 7 p.m.
- Location: South Baltimore Recreation Center
- Instructor: Sue McCardell (Moderator)

## Poetry Reading and Writing

- Description: Participants will write and recite original poetry.
- Skill Level: Beginners
- Age: Adults
- Materials needed: Pens, pencils, a dictionary and a notebook.
- Cost: \$3
- Start date: Oct. 5, 2005
- End date: Nov. 16, 2005
- Number of weeks: 6 weeks
- Meeting time: Wednesdays 6:30-7:30 p.m.
- Location: James D. Gross Recreation Center, arts and crafts room
- Instructor: Vanessa Patterson

#### Read-A-Saurus Literary Program

- Description: This program is a reading club for after-school program participants.
- Skill Level: Beginners-advanced
- Age: 5-13 years
- Materials needed: TBA
- Cost: TBA
- Start date: Oct. 23, 2005
- End date: May 29, 2005
- Number of weeks: 30 weeks (follow the school calendar)
- Meeting time: 4-5 p.m., specific
  - dates TBA
- Location: South Baltimore Recreation Center
- Instructor: Sue McCardell

### Reading Roundtip

- Description: Participants will earn phonetic skills and basic letter and word recognition.
- Skill Level: Emerging
- Age: 5-7 years
- · Materials needed: none
- Cost: TBA

- Start date: Oct. 3, 2005
- End date: May 22, 2006
- Number of weeks:
- Meeting time: 4-4:45 p.m., specific dates TBA
- Location: Ella Bailey Recreation Center
- Instructor: Kathryn Jones

### Science

#### Animal Science Class

- Description: Children will learn about animals and their connection to man.
- Skill Level: Beginners
- Age: 5-10 years
- Materials needed: TBA
- Cost: Price of supplies- only open to after-school children.
- Start date: April 4, 2006
- End date: May 23, 2006
- Number of weeks: 8 weeks
- Meeting time: 3:30-4:30 p.m., specific dates TBA
- Location: Furley Recreation Center
- Instructor: Denick Haire

#### Science Club

- Description: After-school participants will engage in experiments that demystify through the study of science.
- Skill Level: elementary and middle school students
- Age: 8-13 years
- Materials needed: TBA
- Cost: N/A
- Start date: Oct. 3, 2005
- End date: May 22, 2006
- Number of weeks:
- Meeting time: Mondays 4-5 p.m.
- Location: Ella Bailey Recreation Center
- Instructor: William Sullivan

#### Scouts

#### Girl Scouts- Brownies

 Description: Participants will learn Girl Scout and sisterhood skills.

They will complete projects to earn badges.

• Skill Level: Beginners

 Age: first and second grade students

 Materials needed: Most materials will be provided, others TBA.

 Cost: Registration \$10, dues \$5 per week

Start date: Oct. 3, 2005 End date: June 19, 2006

Number of weeks: 38 weeks

Meeting time: Mondays 6:30-8:30

p.m.

 Location: Carroll Cook **Recreation Center** 

Instructor: Nicki Meloia

#### Girl Scouts-Juniors

Description: Participants will learn Girl Scout and sisterhood skills. They will also complete projects in order to earn badges.

Skill Level: Juniors

Age: third and fifth graders

 Materials needed: Most materials will be provided, others TBA.

• Cost: Registration \$10, \$5 per week

Start date: Oct. 6, 2005

 End date: June 22, 2006 Number of weeks: 39 weeks

· Meeting time: Thursdays 6:30-

8:30 p.m.

 Location: Carroll F. Cook Recreation Center

Instructors: Maureen Masters and Helen Hemling

## Sign Language Sign Language

Description: Participants will earn sign language skills. This communication skill can be used for family, friends or employment.

 Skill Level: All levels Age: 9 years -adults Materials needed: N/A

Cost: \$30

Start date: Oct. 12, 2005

End date: Nov. 16, 2005

Number of weeks: 6 weeks

Meeting time: 6:30-8:30 p.m., specific days TBA

Location: Gardenville Recreation Center

Instructor: Lionel Harris

## Performing Arts

### Band

#### Color Guard Classes

Description: Children ages 7-15 will learn to do the flag and rival drills of the color guard.

Skill Level: Beginners -advanced

Age: 7-15

Materials needed: TBA

Cost: Membership dues

Start date: Oct. 5, 2005

End date: June 29, 2006

Number of weeks:

Meeting time: 7-9 p.m.

Location: Furley Recreation Center

Instructor: Dave

## James D. Gross City-Wide Marching Performing Arts and Drum Line

Description: Marching and performing arts drum line.

Skill Level: Beginners -intermediate

Age: 5-8 years

Materials needed: uniform and performance equipment

Cost: \$30 registration fee and cost of uniform and equipment

Start date: Oct. 3, 2005

End date: year round

Number of weeks: 52 weeks

Meeting time: Mondays and Fridays 5:45-8 p.m.

Location: James D. Gross Recreation Center, multipurpose room

Instructor: Tia Hopkins

#### Dance

#### NEW!!! Aerobic Dance Class

- Description: A bench (step)
   aerobics class with weights
   incorporated for toning. Class is
   designed to enhance cardio
   performance and provide body
   sculpting.
- Skill Level: Beginnersintermediate
- · Age: co-ed adults and teens
- Materials needed: none
- Cost: \$1
- Start date: Oct. 3, 2005End date: Dec. 5, 2005
- Number of weeks: 10 weeksMeeting time: Mondays and
- Wednesdays
- Location: Edgewood/Lyndhurst Recreation Center
- Instructor: Bernadette Armwood

### African Dancing

- Description: African dance class.
- Skill Level: Beginners-advancedAge: 7-12 years/13 and over
- Age: 7-12 years/13 and over
   Materials needed: TBA
- Cost: TBA
- Start date: Oct. 24, 2005
- End date: May 22, 2006
- Number of weeks:
- Meeting time: Tuesdays 4:30-7 p.m.
- Location: Tench Tilghman
   Recreation Center, Umoja Room
- Instructor: TBA

#### Dance

- Description: Bentalou Dancers and Modeling Group
- Skill Level: Beginnersintermediate
- Age: 7-15 years old
- Materials needed: leotards and tights
- Cost: \$25 registration fee and \$10 per month
- Start date: Oct. 3, 2005End date: June 23, 2006
- · Number of weeks: 38 weeks



- Meeting time: Mondays and Fridays 4-5:30 p.m.
- Location: Bentalou Recreation Center
- Instructor: Arnita Brown

#### Dance Class

- Description: Participants will learn Modern, Jazz and Tap skills.
- Skill Level: BasicAge: 5-12 years
- · Materials needed: black leotard
- Cost: \$10
- Start date: Oct. 4, 2005
- End date: May 30, 2006
- Number of weeks:
- Meeting time: Tuesdays 6:30 p.m.
- Location: Herring Run Recreation Center
- Instructor: TBA

#### Dance (Tap and Ballet)

- Description: Participants will learn basic ballet and tap skills.
- Skill Level: Beginners- advanced
- Age: three years and older
- Materials needed: Ballet slippers, tap shoes and tights.
  - Cost: \$100 per year

- Start date: Oct. 17, 2005End date: May 16, 2006
- Number of weeks: 25 weeks
- Meeting time: Mondays 4-7 p.m.Location: Mora Crossman
- Recreation Center
- Instructor: Joyce Hill

#### Dance Class

- Description: Participants will learn the fundamentals of modern dance.
- Skill Level: Beginners-advanced
- Age: 5 and older
- Materials Needed: Leotards, pants, tights and dance shoes.
- · Cost of Class: \$20 per month
- Start Date: October 2005
- End Date: May 2006
- Meeting Time: Wednesdays and Thursdays 6-8 p.m.
- Location: Parkview Recreation Center
- Instructor: Ava Fields

#### Dance Class

- Description: Participants will learn tap, ballet, jazz and hip-hop.
- Skill Level: Beginners-advanced
- · Age: 3 and over
- Materials needed: tights, leotard, ballet and tap shoes and costumes.
- Cost: \$25 per class
- Start date: Oct. 6, 2005
- End date: May 18, 2006
- Number of weeks: 29 weeks
- Meeting time: Thursdays 5:30-9:30 p.m.
- Location: Carroll F. Cook Recreation Center
- Instructor: Amy Dersch-Lamberti

#### Dance Class

- Description: Dancers will learn instructional skills in tap, ballet and jazz. Instructional levels increase with age and ability.
- Skill Level: Varied
- Age: 3-18 years

- Materials needed: ballet, tap shoes and dance attire.
- Cost: Varies
- Start date: Oct. 3, 2005End date: April 2006
  - Number of weeks: 32 weeks
- (approx.)

  Meeting time: Varies according:
- Meeting time: Varies according to the class.
- Location: North Harford Playfield
- Instructor: Carla Jones

#### Dance Class

- Description: Participants from the after-school program will participate in a dance class.
- Skill Level: Beginners-advanced
- Age: 13 and under
- · Materials needed: none
- Cost: Free
- Start date: October 2005
- End date: June 2006
- Number of weeks: 16 weeks
- Meeting time: 3 -5:00 p.m., specific days TBA
- Location: Patapsco Recreation Center
- Instructor: K. Brown

#### Dance Class

- Description: Modern, jazz and tap classes.
- Skill Level: Beginners-advanced
- Age: 5 and older
- Materials needed: stockings and leotards
- Cost: \$10 per month
- Start date: Oct. 5, 2005
- End date: June 14, 2006
- Number of weeks: 40 weeks
- Meeting time: Wednesdays 6-7 p.m.
- Location: Walter P. Carter Recreation Center
- Instructor: Joann Everett

#### Dance Classes

 Description: Children and teens will learn the art of ballet, tap and jazz. This activity culminates in an exquisite, brightly colored recital.

- Skill Level: instructor will place all students.
- Age: 3-18 years
- Materials needed: Dance attire for the classes taken.
- Cost: \$40 per class, per session
- Start date: Oct. 1, 2005End date: June 2006
- Number of weeks:
- Meeting time: TBA (contact center)
- Location: Gardenville Recreation Center
- Instructors: Pora Russell, Carla Jones and Becky Taylor

#### Dance Classes

- Description: Participants will learn Tap, Jazz and Ballet.
- Skill Level: Beginners
- Age: 4-13 years
- Materials needed: N/A
- Cost: TBA
- Start date: October 1, 2005
- End date: May 27, 2006
- Number of weeks:
- Meeting time: Saturdays, specific times TBA
- Location: Locust Point Recreation Center
- Instructor: Amy Duestche

## Hand Dancing

- Description: Participants will learn hand-dancing techniques, variations of different steps and forms of hand dancing.
- Skill Level: Beginners-advanced
- Age: 16 and older
- Materials needed: Children must be accompanied by a parent or guardian.
- Cost: N/A
- Start date: Oct. 3, 2006
- End date: June 2006
- Number of weeks: 30 weeks
- Meeting time: Mondays and Thursdays 7-10 p.m.
- Location: Northwood Recreation Center, arts and crafts room
- Instructor: Carol Reggie

#### Jazz Dance Class

- Description: Are you dreaming of dancing on Broadway one day?
   Develop and sharpen you talents at Mary Rodman in our free Jazz dance classes. You'll learn expressive moves, develop gracefulness and dexterity.
- Skill Level: Beginners-advanced
- Age: 5-13 years
- Materials needed: Leotards, tights and dance slippers.
- Cost: Free
- Start date: Oct. 3, 2005
- End date: June 2, 2006
- Number of weeks:
- Meeting time: 4-5:30 p.m., specific days TBA
- Location: Mary Rodman
   Recreation Center, game room
- Instructor: Mary Travis
- \*\*First Session: 10/3/05-2/15/06
- \*\*Second Session: 2/27/06-5/25/06

#### Kids in Motion

- Description: Classes in Jazz, Modern, African and Ballet.
- Skill Level: Beginners-advanced
- Age: 5-18 years
- Materials needed: Dance attire
- Cost: \$56
- Start date: Oct. 7, 2005
- End date: Dec. 23, 2005
- Number of weeks: 12 weeks
- Meeting time: 7 p.m., specific days TBA
- Location: Cahill Recreation
   Center
- Instructor: Vanessa Jackson

#### Line Dance

- Description: Participants will learn the latest line dances.
- Skill Level: Beginners-advanced
- Age: Adults
- Materials needed: TBA
- Cost: \$2.50 per class
- Start date: October 2005

- End date: April 2006
- Number of weeks:
- Meeting time: Thursdays 7:30-8:30 p.m.
- Location: Barclay Recreation
   Center, Multi-purpose room
- Instructor: TBA

#### Line Dance Class

- Description: Participants will learn basic line-dance and new steps as they come out.
- Skill Level: Beginners-advanced
- Age: 18 and older
- · Materials needed: a towel
- Cost: \$10 per year or \$2 per class
- Start date: Oct. 4, 2005End date: year round
- Number of weeks:
- Meeting time: Tuesdays 7-9 p.m. and Saturdays 11a.m.-1 p.m.
- Location: Walter P. Carter Recreation Center
- Instructor: Joann Everett

## Line Dancing

- Description: Line dance and step techniques will be taught.
- Skill Level: Beginners-advanced
- Age: 18 and older
- Materials needed: TBA
- Cost: \$7
- Start date: Oct. 3, 2005
- End date: January 2006
- Number of weeks: 30 weeksMeeting time: Mondays and
- Meeting time: Mondays and Thursdays 7-10 p.m.
- Location: Northwood Recreation Center, multi-purpose room
- Instructor: Carol Reggie

#### Multi-Cultural Dance

- Description: Learn and perform dances from different countries culminating with performance and audience participation.
- Skill Level: Beginners
- Age: 6-18 years
- Materials needed: none
- Cost: \$20

- Start date: Oct.10, 2005
- End date: Nov. 14, 2005
- Number of weeks: 6 weeks
- Meeting time: Thursdays and Fridays 6-7 p.m.
- Location: Coldstream Recreation Center
- Instructor: Denise Brown

## Step Class

- Description: Participants will step.
- Skill Level: Beginners
- Age: 10-15 years
- Materials needed:tennis shoes and shorts
- Cost: \$5 per member
- Start date: Oct. 2005
- End date: May 2006
- Number of weeks: 36 weeks
- Meeting time: Mondays and Wednesdays 7-8 p.m.
- Location: Liberty Recreation Center
- Instructor: Tammy Butler

#### Tap and Jazz Dance

- Description: Girls will learn choreographed routines and dances to perform in two shows per year.
- Skill Level: Beginners-intermediate
- Age: 5-10
- Materials needed: Tap shoes and leotard
- Cost: \$30
- Start date: October 2005
- End date: June 2006
- Number of weeks: 32 weeks
- Meeting time: Tuesdays 6-7:30
   n m
- Location: Violetville Recreation
   Center
- Instructor: Waverly Lentz

## Drama/Theater

- Adult Drama
- Description: Introductory course to drama.
- Skill Level: Beginners

Age: Adults

Materials needed: TBA
Cost: \$5 per class
Start date: Oct. 4, 2005
End date: Dec. 15, 2005

Number of weeks:

Meeting time: Tuesdays 7-8 p.m.

Location: Cahill Recreation
 Center

Instructor: Charles Croxton

#### Drama Club

 Description: Participants will learn the fundamentals of acting in a stage production. This program culminates with a Dinner Theatre.

Skill Level: Intermediate

Age: 9-14 years

Materials needed: none

• Cost: \$45 (tent.)

Start date: Oct. 7, 2005End date: April 28, 2006

 Number of weeks: 32 weeks (approx.)

Meeting time: Fridays 6-8 p.m.Location: North Harford Playfield

Instructor: Christine Johnson

#### **Puppet Production**

 Description: Participants will learn how to make puppets and learn how to use them to perform in puppet shows.

• Skill Level: Beginners

Age: 5-12

Materials needed: none

Cost: Free

Start date: Oct. 3, 2005End date: June 15, 2006

Number of weeks: 30 weeks

 Meeting time: Mondays and Wednesdays 3:30-6 p.m.

 Location: John E. Howard Recreation Center

Instructor: Mike Lamason

## Modeling Charm City Models

Description: There will be runway

model training for males and females. There will also be appearances in local events upon completion of the training.

Skill Level: Beginners-advanced

Age: 17 years- adults

Materials needed: TBA

• Cost: \$30 per month

• Start date: Oct. 3, 2005

• End date: Dec. 21, 2005

Number of weeks: 12 weeksMeeting time: Mondays and

Wednesdays 6-8 p.m.

• Location: Cahill Recreation Center

Instructor: Chrissy Langdon

## Fashion Pageant

Description:

 Skill Level: Beginnersintermediate

Age: 5-13 years

· Materials needed: none

• Cost: \$20

• Start date: Sept. 6, 2005

• End date: Jan. 27, 2006

Number of weeks: 24 weeks

 Meeting time: Tuesdays and Fridays 4-5 p.m.

 Location: James D. Gross Recreation Center, multipurpose room

Instructor: Tia Hopkins

#### Modeling Classes

 Description: Participants will learn to walk, dress, and hand and eye coordination. Participants will also learn how to apply makeup properly.

• Skill Level: Beginners-advanced

Age: 9 and up

Materials needed: none

Cost: \$20 per month

Start date: Oct. 5, 2005

End date: June 21, 2006

Number of weeks:

 Meeting time: Wednesdays 7-9 p.m. Location: Walter P. Carter
 Recreation Center

Instructor: TBA



## Modeling and Fashion

 Description: Fashion modeling and coordinating outfits properly.
 Participants will also learn how to apply makeup properly.

Skill Level: Beginners

Age: 6-18 years

Materials needed: TBA

• Cost: \$20

Start date: Nov. 14, 2005
End date: Dec. 19, 2005
Number of weeks: 6 weeks
Meeting time: Mondays and Wednesdays 6-7 p.m.

Location: Coldstream
 Recreation Center

• Instructor: Cynthia Muhammad

### Modeling/Hip-Hop

 Description: Modeling and Hip-Hop

Skill Level: Open

Age: All

• Materials needed: shoes

• Cost: \$10

• Start date: September 2005

End date: April 2006

Number of weeks: 30 weeksMeeting time: Mondays and

Thursdays, specific times TBA Location: **Collington Square** 

Recreation Center Instructor: TBA

#### Satin Dolls Model Inc.

Description: ModelingSkill Level: Beginnersintermediate

Age: 5 and olderMaterials needed:

Cost: Free

Start date: Oct. 6, 2005End date: June 30, 2006

Number of weeks: 50 WeeksMeeting time: Thursdays 4-6 p.m.

• Location: James D. Gross Recreation Center

• Instructor: Tia Hopkins

## Music

#### Adult Voice Class

Description: Introduction to vocal music.

 Skill Level: Beginnersintermediate

Age: Adults

Materials needed: TBA

Cost: \$5 per class

Start date: Oct. 6, 2005End date: Dec. 15, 2005

Number of weeks:

Meeting time: Thursdays 7-8 p.m.

Location: Cahill Recreation
 Center

Instructor: Sylvia Hardism

### Djembe Drumming

- Description:
- Skill Level: Beginners
- Age: 10 and up
- Materials needed:
- Cost:
- Start date: Oct. 17, 2005End date: May 22, 2006
- Number of weeks: 32 weeks
- Meeting time: 4:30-5:45 p.m.
- Location: Tench Tilghman Recreation Center, Umoja Room
- Instructor: TBA

## Seniors

#### Aerobics

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: none
- Start Date: Oct. 3, 2005
- End Date: ongoing
- Number of weeks: ongoing
- Meeting Time: Mondays 11 a.m. to 12 noon; Thursdays 12:30-1:30 p.m.
- Location: John Booth Senior Center
- Instructor: Pat Wagner

#### Annual "Americana" Celebration

- Description: "Take Me Out To the Ball Game". We will celebrate the 'great American pastime' with memorabilia, music, displays, trivia, lunch, prizes and more.
- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: \$5 members,\$7 non-members
- Start Date: Feb. 22, 2006
- End Date: Feb. 22, 2006
- Number of weeks: one day
- Meeting Time: 11 a.m.- 2:30 p.m.
- Location: John Booth Senior Center
- Instructor: Rosalee Velenovsky and Staff

## Annual Cookie Exchange and Bake

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: one (1) dozen cookies to exchange
- Cost: none
- Start Date: Dec. 20, 2005
- End Date:
- Number of weeks: one day
- Meeting Time: 1– 3 p.m.
- Location: John Booth Senior Center
- Instructor: Rosalee Velenovsky

## Annual Holiday Bazaar and Flea Market

- Skill Level: All
- Age: All
- · Materials Needed: none
- Cost: none
- Start Date: Dec. 2, 2005
- End Date:
- Number of weeks: one day
- Meeting Time: 9 a.m.- 2 p.m.
- Location: John Booth Senior Center
- Instructor: John Booth Senior Center Council

## Annual Spring Bazaar and Flea Market

- Skill Level: All
- Age: All
- Materials Needed: none
- Cost: none
- Start Date: May 12, 2006
- End Date: May 12, 2006
- Number of weeks: one day
- Meeting Time: 9 a.m.-2 p.m.
- Location: John Booth Senior Center
- Instructor: Volunteers

### Bazaar and Holiday Crafts

- Skill Level: Seniors
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: none
- Start Date: Oct. 3, 2005
- End Date: ongoing

- Number of weeks: ongoing
- Meeting Time: Mondays 1:30 p.m.
- Location: John Booth Senior Center
- Instructor: Charlotte Jankowiak

#### Blue Bus Parks Tour

- Description: Participants will spend a day at Cylburn Arboretum; have lunch at Café Hon and tour Druid Hill Park. The day ends at the Howard Peters Rawlings Conservatory and Botanic Gardens of Baltimore.
- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: \$6 members, \$8 nonmembers
- Start Date: May 10, 2006
- End Date: May 10, 2006
- Number of weeks: one day
- Meeting Time: 9:30 a.m.-3:30 p.m.
- Location: John Booth Senior
   Center
- Instructor: Rosalee Velenovsky

## Blue Bus Shopping Trip to Westminster, MD

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: \$5 members; \$7 nonmembers
- Start Date: March 8, 2006
- End Date: March 8, 2006
- Number of weeks: one day
- Meeting Time: 9 a.m.- 4 p.m.
- Location: John Booth Senior Center
- Instructor: Gloria Coker

## Bus trip to St. Michael's Maryland

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: to be determined (approximately \$60)
- Start Date: May 24, 2006

- End Date: May 24, 2006
- Number of weeks: one day
- Meeting Time: 9 a.m.-6 p.m.
- Location: John Booth Senior Center
- Instructor: Rosalee Velenovsky

## Bus Trip to Vermont (five days, four nights)

- Skill Level: Adults
- Age: Adults (30 +) and seniors (50+ years)
- · Materials Needed: none
- Cost: \$465 center members;
   \$535 non-members
- Start Date: Nov. 7, 2005
- End Date: Nov. 11, 2005
- Number of weeks: Five days and four nights
- Meeting Time: TBA
- Location: John Booth Senior Center
- Instructor: Rosalee Velenovsky

## Cabaret Wednesday Afternoon Halloween Party and Dance

- Skill Level: Adults
- Age: Seniors (50+ years)
- · Materials Needed: none
- Cost: \$3 members; \$4 nonmembers
- Start Date: Oct. 26, 2005
- End Date:
- Number of weeks: one day
- Meeting Time: Wednesdays 11:30 a.m. – 2:30 p.m.
- Location: John Booth Senior
   Center
- Instructor: Center Staff and Volunteers

#### Center Billiards League

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: none
- Start Date: Oct. 4, 2005
- End Date: May 2006
- Number of weeks: 28 weeks
- Meeting Time: 1– 3 p.m., specific days TBA



 Location: John Booth Senior Center

Instructor: Chuck Wilson

## Christmas Party at Columbus Gardens

Skill Level: Adults

Age: Seniors (50+ years)Materials Needed: none

 Cost: \$14 members; \$17 nonmembers

Start Date: Dec. 15, 2005

End Date:

Number of weeks: one day
Meeting Time: 11 a.m.-3 p.m.
Location: John Booth Senior

Location: John Booth Senior Center

Instructor: Rosalee Velenovsky

## Center Members' Meetings

Skill Level: Adults

Age: Seniors (50+ years)

• Materials Needed: none

· Cost: none

 Start Date: Oct. 5, 2005 (1st and 3rd Wednesday of every Month)

End Date: May 2006

Number of weeks: ongoing

Meeting Time: 1 p.m., specific days TBA

• Location: John Booth Senior Center

 Instructor: Senior Center Council Officers

#### **Draw and Paint Class**

Skill Level: Adults

Age: Seniors (50+ years)
 Materials Needed (Clastelese)

· Materials Needed: Sketchpad,

pencils/charcoal, watercolors, acrylics and canvas.

· Cost: none

Start Date: Oct. 4, 2005
 End Date: May 2006

End Date: May 2006

Number of weeks: 28 weeksMeeting Time: Tuesdays 10-

11:30 a.m.

 Location: John Booth Senior Center

Instructor: Barbara Pietila

### Easter Party and Lunch

 Description: Wear your "Easter Bonnet" and try to win a prize for the prettiest, most unusual, most unattractive, best seasonal, most colorful and largest bonnet.

Skill Level: Adults

• Age: Seniors (50+ years)

Materials Needed: none

 Cost: \$3 members, \$4 nonmembers

Start Date: April 12, 2006

End Date: April 12, 2006

Number of weeks: one day

Meeting Time: 11:30 a.m. – 2 p.m.

Location: John Booth Senior
 Center

Instructor: Rosalee Velenovsky

## NEW!!! Eating Together Program

 Description: A fellowship program for senior citizens to socialize and engage in quality time together. It includes social outings, educational classes and workshops.

Skill Level: All

Age: Seniors

Materials needed: TBA

Cost: TBA

Start date: Oct. 3, 2005

End date: ongoing

Number of weeks:

Meeting time: TBA

Location: Edgewood/Lyndhurst
 Recreation Center

Instructor: Bernadette Armwood



#### Eating Together in Baltimore Meals

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- · Cost: Donation to ETIB
- Start Date: Oct. 4, 2005
- End Date: ongoing
- Number of weeks: ongoing
- Meeting Time: Tuesdays,
- Wednesdays and Fridays
  - 11:30 a.m.
- Location: John Booth Senior Center
- Center
- Instructor: Gloria Coker

#### First Annual Card Tournament

- Description: Seniors will play Hearts, Poker, Kings in the Corner and Black Jack. Prizes will be awarded to winners.
- Skill Level: Adults
- Age: Seniors (50+ years)
- · Materials Needed: none
- Cost: \$2 includes lunch
- Start Date: Jan. 25, 2006
- End Date: Jan. 25, 2006
- Life Date. Jan. 25, 2000
- Number of weeks: one dayMeeting Time: 11 a.m.-2 p.m.
- Location: John Booth Senior Center
- Instructor: Chuck Wilson, volunteer

#### Friday Afternoon Bingo

- Skill Level: Adults
- Age: Seniors (50+ years)
- · Materials Needed: none
- Cost: \$2 for six cards; play: 21 games of bingo
- Start Date: Oct.7, 2005
- End Date: ongoing
- Number of weeks: ongoing
- Meeting Time: Fridays 1 − 3 p.m.
- Location: John Booth Senior Center
- Instructor: Gloria Coker

## Health & Welfare Thursdays— Blood Pressure Check, Podiatrist

- Skill Level: Seniors
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: Blood Pressure Check: none Podiatrist: Fee
- Start Date: Oct. 13, 2005 (second Thursday of the month)
- End Date: ongoing
- Number of weeks: ongoing
- Meeting Time: Blood Pressure Check: 10 a.m.; Podiatrist: 10:30 a.m.-noon
- Location: John Booth Senior Center

Instructors:

Blood Pressure Check: Nurse from Hopkins Bayview Hospital; Podiatrist: Dr. Lee Youngworth

## Heart Health Game: "The Right Food"

- Description: This game is played in conjunction with "The Price is Right," participants 'come on down' to guess food values of donated shelf staple items to win a prize.
- Skill Level: Adults
- Age: Seniors (50+ years)
- · Materials Needed: none
- · Cost: none
- Start Date: Oct. 4, 2005
- End Date: May 2006
- Number of weeks: ongoing
- Meeting Time: 11 a.m. noon
- Location: John Booth Senior Center
- Instructor: Rosalee Velenovsky

## Holiday Bingo

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: \$3 for 6 cards (15 games) and lunch
- Start Date: Dec. 23, 2005
- End Date:
- Number of weeks: one day
- Meeting Time: 11:30 a.m.
- to 2 p.m.
- Location: John Booth Senior Center
- Instructor: Gloria Coker

## Informational Programs

- Description: Informational programs will be offered after the members' meeting. Entertainers, speakers or presenters are invited to come to John Booth with topics of interest for seniors.
- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- · Cost: none

- Start Date: Oct. 5, 2005
- End Date: ongoing
- Number of weeks: ongoing
- Meeting Time: 1:30-2:30 p.m., specific days TBA
- Location: John Booth Senior Center
- Instructor: Rosalee Velenovsky

### Intergenerational Easter Party

- Description: Calling Children of all ages! John Booth Seniors and Northwood Recreation Center's after-school program will merge for an intergenerational afternoon Easter party. Lunch, games, fun and eggs will be provided.
- Skill Level: Seniors and children
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: none
- Start Date: April 17, 2006
- End Date: April 17, 2006
- Number of weeks: one day
- Meeting Time: 11 a.m.-2:30 p.m.
- Location: John Booth Senior Center
- Instructors: Rosalee Velenovsky (John Booth Senior Center) and Cecelia Cole (Northwood Recreation Center)

#### International Taste Festival

- Description: Members will bring a covered dish (or a \$5 donation) of the foods that they enjoy making.
   The event is themed around the different cultures of the world.
   Fun, music, trivia and door prizes are also part of the day.
- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: covered dish or a \$5 donation
- Start Date: March 22, 2006
- End Date: March 22, 2006
- Number of weeks: one day
- Meeting Time: 11 a.m.-2 p.m.
- Location: John Booth Senior Center
- Instructor: Rosalee Velenovsky and Staff

### John Booth Senior Volunteer Luncheon

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed: none

· Cost: free to center volunteers with 25 or more volunteer hours

 Start Date: May 31, 2006 End Date: May 31, 2006

Number of weeks: one day

Meeting Time: noon

 Location: John Booth Senior Center

Instructor: Rosalee Velenovsky

## John Booth Singers

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed: none

Cost: none

Start Date: Oct. 2, 2005 End Date: ongoing

Number of weeks: ongoing

Meeting Time: Mondays 1– 2 p.m.

 Location: John Booth Senior Center

Instructors: Mary and Sam Canelli

## League Bowling at Patterson **Bowling Lanes**

Skill Level: Adults

Age: Seniors (50+ years)

 Materials Needed: bowling balls and shoes (if needed)

Cost: \$7 per week

Start Date: Oct. 4, 2005

End Date: May 2006

Number of weeks: 28 weeks Meeting Time: 9:30 a.m. - noon

Location: John Booth Senior Center

Instructor: William Albrent

## Mother's Day

Description: A Mother's Day celebration with sundaes, trivia, fun and games.

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed: none

Cost: none

Start Date: May 15, 2006

 End Date: May 15, 2006 Number of weeks: one day

Meeting Time: noon – 1 p.m.

 Location: John Booth Senior Center

Instructor: Rosalee Velenovsky

#### Movie with a Lunch to Match

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed:

Cost: \$2 members; \$3 nonmembers

Start Date: Oct. 6, 2005

End Date: ongoing

Number of weeks: ongoing

Meeting Time: 10 a.m.

Location: John Booth Senior Center

Instructor: Charlotte Jankowiak

#### MTA Identification Cards

Skill Level: Adults

Age: Adults

Materials Needed:

Cost: none

Start Date: Nov. 11, 2005

End Date:

Number of weeks: one day

Meeting Time: 10 a.m.-1:30 p.m.

Location: John Booth Senior Center

Instructor: MTA

## New Year's Eve Party at the Center

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed: none

Cost: \$3 members: \$4 nonmembers

Start Date: Dec. 30, 2005

End Date:

Number of weeks: one day

Meeting Time: 11 a.m. - 1 p.m.

Location: John Booth Senior Center

Instructor: N/A

## Performing Group: John Booth Singers & Line Dancers

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed: none

· Cost: none

• Start Date: Oct. 2, 2005

End Date: ongoing

 Number of weeks: Performers go out once or twice a month to perform at Assisted Living and Nursing Homes.

Meeting Time: As requested

 Location: John Booth Senior Center

 Instructors: Mary Canelli and Pat Wagner

#### Pinochle Club

Skill Level: Adults

• Age: Seniors (50+ years)

Materials Needed: none

Cost: none

Start Date: Oct. 3, 2005End Date: ongoing

Number of weeks: ongoing

 Meeting Time: Mondays, Wednesdays, Thursdays and Fridays from 8:30 a.m.-noon

 Location: John Booth Senior Center

Instructor: Richard Jankowiak

### Red Hat Peppers Red Hat Society

Skill Level: Adults

• Age: Seniors (50+ years)

Materials Needed: none

• Cost: \$12 per year dues

• Start Date: Oct. 6, 2005

End Date: ongoing

Number of weeks: ongoing

Meeting Time: Thursdays 3 p.m.

 Location: John Booth Senior Center

Instructor: Rosalee Velenovsky

#### "Roll of the Dice"

 Description: Horse racing game where 'Horses' move on rolls of the dice. Prizes are awarded to the winners.

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed: none

• Cost: \$2.50 includes lunch

Start Date: Jan.11, 2006

End Date: Jan.11, 2006

Number of weeks: one dayMeeting Time: Noon – 2 p.m.

Location: John Booth Senior

Center Instructor: Charlotte Jankowiak

### Seated Massage

Skill Level: Adults

• Age: Seniors (50+ years)

Materials Needed: none

• Cost: donation to Masseuse

• Start Date: October 2005

End Date: May 2006

Number of weeks: ongoing

 Meeting Time: 10 a.m. to 12 noon 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month

 Location: John Booth Senior Center

Instructor: Medu

## Sewing for Community Service

 Description: Participants will be sewing squares to put together for Lap Robes to give to nursing home residents.

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed: none

Cost: none

Start Date: Oct. 3, 2005

End Date: ongoing

Number of weeks: ongoing

• Meeting Time: Times TBA

 Location: John Booth Senior Center

• Instructor: Elizabeth League

## Shopping Trip on the Blue Bus to White Marsh Mall

- Description: Seniors will spend the day shopping.
- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: \$5 members, \$7 nonmembers
- Start Date: Feb. 8, 2006
- End Date: Feb. 8, 2006
- Number of weeks: one day
- Meeting Time: 10 a.m.-2 p.m.
- Location: John Booth Senior Center
- Instructor: Charlotte Jankowiak

#### Shuffleboard Club

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: none
- Start Date: Oct. 6, 2005
- End Date: May 2006
- Number of weeks: ongoing
- Meeting Time: 10 a.m. noon and 1– 3 p.m., specific days TBA
- Location: John Booth Senior
   Center
- Instructors: Rose and Bill Hoffman

#### Stained Glass Class

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: tools
- · Cost: Glass needed
- Start Date: Oct. 6, 2005
- End Date: May 2006
- Number of weeks: ongoing
- Meeting Time: Thursdays
   1– 3 p.m.
- Location: John Booth Senior Center
- Instructor: Richard Jankowiak

#### Sunshine Club Luncheon

 Description: The luncheon is a celebration for center members who are 90 years of age or older. Also invited are members who cannot, for health reasons, attend bi-weekly meetings.

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: none to honorees, \$3 for center members, \$4 nonmembers
- Start Date: May 17, 2006
- End Date: May 17, 2006
- Number of weeks: one day
- Meeting Time: 11:30 a.m. to 2:30 p.m.
- Location: John Booth Senior Center
- Instructor: John Booth Council

## Thanksgiving Dinner (at Center) with music by Gary Diamond

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed: none
- Cost: \$9 members; \$12 nonmembers
- Start Date: Nov. 22, 2005
- End Date: N/A
- Number of weeks: one day
- Meeting Time: noon 3 p.m.
- Location: John Booth Senior Center
- Instructor: Rosalee Velenovsky

## Third Annual Day Before Thanksgiving Bus Trip to the Farmers' Market in Hunt Valley and to Valley View Farms

- Skill Level: Adults
- Age: Seniors (50+ years)
- Materials Needed:
- Cost: \$6 members; \$8 nonmembers
- Start Date: Nov. 23, 2005
- End Date: N/A
- Number of weeks: one day
- Meeting Time: 10 a.m.-3 p.m.
- Location: John Booth Senior Center
- Instructor: Rosalee Velenovsky

## Trip to Washington Crossing, New Jersey with lunch at Mastori's Restaurant

Skill Level: Adults

Age: Adults

Materials Needed: none

 Cost: \$56 members; \$60 nonmembers

members

Start Date: Oct. 12, 2005End Date: Oct. 12, 2005Number of weeks: one day

Meeting Time: 8 a.m. - 5:30 p.m.

Location: John Booth Senior
 Center

Instructor: Rosalee Velenovsky

## Valentine's Day Party

 Description: Seniors will snack and play trivia games during a Valentine's Day celebration.

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed: none

Cost: \$2 includes lunch

Start Date: Feb. 14, 2006End Date: Feb. 14, 2006

Number of weeks: one day

Meeting Time: 11:30 a.m.-1 p.m.

 Location: John Booth Senior Center

Instructor: Rosalee Velenovsky

### Walking for Health

Skill Level: Adults

Age: Seniors (50+ years)

Materials Needed: none

Cost: none

Start Date: Oct. 5, 2005

End Date:

Number of weeks: ongoing

Meeting Time: 10 – 10:30 a.m.
 Location: John Booth Senior

 Location: John Booth Senior Center

Instructor: Charlotte Jankowiak

## Therapeutic Recreation

## Craig Cook Memorial Wheelchair Basketball Tournament



- Description: Competitive wheelchair basketball tournament for regional teams.
- · Ages: 14 years and older
- Materials needed: No transportation, program includes teams from Baltimore, D.C. Pennsylvania, Virginia, New York and New Jersey.

Cost: Free

Start date: March 4, 2006

• End date: March 5, 2006

 Meeting time: Saturdays 9-10 p.m. and Sundays 9 a.m.-2 p.m.

Location: TBA

 Information: Call the Maryland Ravens Disability Program at (410) 825-5359.

## Metro Wheelchair Basketball League

 Description: Recreation wheelchair basketball league for people with disabilities.

• Ages: 14 years and older

 Materials needed: No transportation (#64 Bus) program.

Fee: \$10

• Start date: Oct. 18, 2005

• End date: Feb. 25, 2006

Meeting times: Tuesdays 6-10
 n m

Location: Farring-Baybrook
 Recreation Center

Information: (410) 396-1550

## Saturday Variety Children's Theatre Project

- Description: Children with disabilities are invited to the 2<sup>nd</sup> season of the Variety Children's Theatre Project. This Therapeutic Recreation Division sponsored program is an inclusion program that includes children with and without disabilities.
- Ages: 7-18 years
- Fee: \$10 registration fee
- Start date: Oct. 1, 2005
- End date: December 2005
   (The spring season will begin on Feb.1st and conclude in May)
- Time: Saturdays 10 a.m.- 2 p.m.
- Location: Farring-Baybrook
   Recreation Center

## Variety Seniors Club for Seniors with Disabilities

- Description: Once a week, day program for seniors with limited mobility. Social and recreational program.
- Ages: 51 years and older
- Materials needed: Limited transportation provided for Baltimore City Residents.
- Fee: \$4 monthly
- Start date: Sept. 14, 2005
- End date: May 24, 2006
- Meeting time: Wednesdays 10 a.m.- 2 p.m.
- Location: Farring-Baybrook Recreation Center
- Information: (410) 396-1550

## Young Adults with Developmental Disabilities Day Program

- Description: Twice a week social and recreation program that teaches leisure-life skills.
- Ages: 21-50 years
- Materials needed: Limited transportation provided for Baltimore City Residents.
- Cost: \$2 per week
- Start date: Sept. 12, 2005
- End date: May 29, 2006

- Meeting time: Mondays and Fridays 10 a.m. – 2 p.m.
- Location: Farring Baybrook Recreation Center
- Information: (410) 396-1550

### Partnership Programs

The Baltimore City Department of Recreation and Parks partners with Special Olympics, Maryland, ARC of Baltimore, Chimes, Inc. and other groups serving children and adults with disabilities throughout the year. The programs are open to children and adults with developmental disabilities who live in the community, in group homes or day programs. Following is a schedule of those programs for the fall and winter of 2005 and 2006.

#### 5 on 5 Soccer

- Description: Soccer is an adaptable and fun program. The program is open to all adults with developmental disabilities ages 21 and over.
- Age: Adults
- Materials needed: N/A
- Cost: Free
- Start date: The week of Sept. 13, 2005
- End date: The last week in October 2005
- Meeting time: 10:30 a.m.-noon
- Location: Training sessions will be conducted at the Clarence "Du" Burns Soccer Arena. The tournament will be held at Coppin State University.

## Adult Basketball for Adults with Developmental Disabilities

- Description: Basketball is a popular and fun activity. There will be an Adult Invitational Basketball Tournament during the week of March 6, 2006.
- Age: Adults
- Materials needed: N/A
- · Cost: Free
  - Start date: December 2005

End date: Feb. 24, 2006

Day: TBA

Meeting Time: TBA

Location: Coppin State University

## Adult Special Olympic Bocce

- Description: This is a cooperatively sponsored training program. Bocce is a very adaptable sport that anyone can learn to play and be competitive.
- Ages: ALL
- Materials needed: N/A
- Cost: Free
- Start date: The week of Sept. 13, 2005
- End date: November 2005
- Meeting time: Mondays, Tuesdays and Thursdays from 10 a.m. to noon
- Location: Farring-Baybrook
   Recreation Center and Clarence
   "Du" Burns Soccer Arena

## Aqua Aerobics and Swimming Classes

- Description: Exercising can be healthy and fun! The Baltimore City Department of Recreation and Parks and the Special Olympics, Maryland will sponsor a combined water aerobics and modified water polo program.
- Ages: All
- Materials needed: N/A
- · Cost: Free
- Start date: The weeks of Nov. 28<sup>th</sup> and Dec. 5, 2005 from 10:30 a.m.noon
- End date: Feb. 13, 2006
- Location: Chick Webb Aquatics Center and Cherry Hill Aquatics Center

## Craft and Ceramics Program for Adults with Developmental Disabilities

 Description: The Therapeutic Recreation Division will offer four and six week craft and ceramic programs throughout the fall and winter months for adults with developmental disabilities who live in the community or attend day programs in Baltimore. The objective will be to learn new skills and create works of art that will make our participants proud.

- Ages: TBA
- Materials needed: Participants can bring a bag lunch.
- Cost: \$12 person for each sixweek ceramics program (\$2 per week); \$4 person for each fourweek craft program (\$1 per week)
- Start date: Sept. 15, 2005
- End date: TBA
- Meeting time: Thursdays 10:30 a.m.-12:30 p.m.
- Location: Farring-Baybrook
   Recreation Center

#### Saturday Night Social Club

- Description: The Saturday Night Social Club for adults with developmental disabilities is an opportunity for adults with disabilities to go out on Saturday evenings and have a BLAST! A D.J. will provide the music. Contests and door prizes will also be a part of this great evening of fun. (Subject to Change). The program is open to older high school students and adults with developmental disabilities.
- Ages: Adults
- Materials needed: N/A
- Cost: \$5 person (Staff and volunteers no charge)
- Start date: Sept. 24, 2005 (first program of the season)
- End date: The last week in October 2005
- Meeting time: Programs are offered on the 3<sup>rd</sup> or 4<sup>th</sup> Saturday night of every month from 5:30 -8:30 p.m.
- Location: Farring-Baybrook
   Recreation Center